

## Stuck in a Situationship

What is up Daddy Gang It is your founding father Alex Cooper with hello Hello It's me It's you Daddy Gang It's me Your founding father back at it again for another episode of Call Her Daddy Hi everyone I'm going to give you a little life update So the summer has been really fun and a little chaotic A lot of work going on I went to Sweden Hello I had never been to Sweden I went for a Spotify work event and let me just tell you something in the air in Sweden It is a phenomenal place but I had my eye on just one thing that I wanted to do in Sweden and it was to get myself some Swedish meatballs Why did I want Swedish meatballs I grew up and I loved IKEA who didn't love IKEA and I still love IKEA to this day But IKEA back in the day really held a special place in my heart because IKEA and I we were like thick as thieves IKEA and I built worlds together When I was younger I was obsessed with building things and all my friends had the nicest closets growing up and I was so fucking jealous of them and I hated my closet because it had nothing to it and it was small and it was just rinky dinky And so I asked my mom one day mom can you drive me down to King of Prussia where I can go to IKEA And she brought me down because she was like yeah I want to get the Swedish meatballs You know the Cooper family loves Swedish meatballs So I drive down to IKEA and I I mean I was like a frequent I had like a membership there like I was in the in club You know how there's Sam's Club I had the IKEA club membership OK I was there every fucking week building something new I literally built my family's dining room table back in the day Ok And that is not a joke I can call my mom right now and let you guys know that I built I built my family's dining room room table Why you may ask I don't know I really liked it every time my mom would be like Alex she's like I don't want you to do the labor if you don't want to do it Like we can try to hire someone through IKEA to come to our Nope I want to build So I did build my family's um dining room table I also built these two like club chairs in our living room and what I would do is I would do it while my parents were sleeping so that they would wake up and in the morning I could do a big reveal I don't know what the fuck I was up to over there but I really liked it So anyways the point is not that I'm quite literally in the construction field The point is that I loved going to IKEA just as much for the Swedish meatballs than I did to acquire wood and build my family a home OK And so I have never been to Sweden And that's the cool thing about this job is like big house traveling You know I'm I'm up and

about I'm I'm getting to go places that I've never been and I love it And so I get to Sweden and the one thing I wanted to fucking do was try the goddamn Swedish meatballs because if they're that good in America at IKEA fucking J all over me I can't even wait to put that ball in my mouth and pop it in and had the time of my life And so once I got there quite literally the only thing I inhaled was Swedish meatballs So shout out to all my Swedes I love you and I love how you make those balls So the next leg of my trip was going to Cannes which is in the south of France And I was very excited because I was alone in Sweden and then Matt was going to meet me in Cannes we were going there because we just launched a new company together It is a media company called Trending which call her daddy and his film company now live underneath trending And so I'm still with Spotify like he still has his has his film output deals or whatever but like we're basically just combining forces and going to start building more things together So what does that mean Right There's going to be films and television shows and reality shows and a podcast network that I'm going to be announcing probably this week or next week I'm really just looking forward to signing more talent that I'm going to help mentor and help them with podcasting So I'm signing certain talent that I believe in and I will say that is something that it was painful It was like I see you Daddy Gang in my D MS asking me to have certain people on the podcast And I haven't been able to be like I'm not having them on yet because we're doing something so much bigger and we're going to launch their show and obviously they'll come on and call her daddy but there's something much bigger cooking So I'm just really excited to expand my business which is very exciting but also nerve wracking And I just hope Daddy Gang if any of you are whether you're trying to to make a jump in your work life or your having change coming or you're even trying to start a business yourself It's a lot of fucking work but it's so rewarding And I just wanted to remind you if you needed a little reminder keep going You're not alone It is a motherfucker at times and your whole life becomes work in moments But it's so rewarding when you see everything that you put time and energy and strategy um and money into come to life So this is your sign Keep doing what you're doing Daddy Yang It is going to work out I believe in you You have to believe in yourself ok Sorry getting corny but like it's a lot of fucking work and I know obviously some of you are probably listening being like Alex you got your bag already I'm launching my company and I haven't even made my first sale yet And Daddy Gang to that I would like to remind you that when I first told people about my original idea for call her

daddy almost every single person laughed in my face and said I was crazy I was going to ruin my not only my reputation but my family's reputation and that it wasn't going to work So keep working and grinding because you got to believe in yourself especially when people are looking at you like bitch you fucking crazy No you're not You know what you're doing Daddy Gang So the next part of my trip was returning home I went back to Pennsylvania OK The good old p A Newtown Pennsylvania where I was born and bred and raised and I interviewed Zain Let me just explain something to you guys interviewing Zane in my childhood home was I would say one of like the top craziest experiences for me in my career so far because I have told you guys this like I was such a little nerd I was obsessed with making videos when I was younger I was so obsessed with editing and I would do all of this in that house in Pennsylvania And so the mind fuck that it was that I had someone that I had a poster of at one point probably on my wall was walking into my home I think when it hit me was I have this like glass door at my front door and I walked up to greet him and I was standing inside and I see him like walking up the little pathway at my house and seeing Zane Malik walk up my fucking house as if it's like hey coming over for a slumber party Like it felt like the only people that have ever walked up that little path are like my friends Kristen Jackie Lauren Courtney Christine Kelly Like what the fuck And then all of a sudden it's Z Malik It's like if you saw your dentist at the movie theater while you're in line getting fucking popcorn and you're like Doctor Sheard Doctor Guti like what are you doing here Like I saw you the other week while you filled my fucking cavity And now Doctor Guro is about to go see Barbie with you You know what I mean Like it's a little bit too much of a mind fuck And so when I saw Zane trouncing into my home I'm realizing I actually didn't feel at all like how I would feel if I saw my dentist in a public space Um that was probably the worst fucking analogy Everyone's like I actually wouldn't care if I saw my dentist hit in the town on a Friday Alex going to see a fucking movie with his wife Yeah that was bad because obviously you would care if you saw Zane So do do you know what I mean though It's just like whoa I'm used to one thing walking into my childhood home and a fucking celebrity is walking in and I just had a geek out moment and I I know I don't really talk about the behind the scenes of how I feel in interviews anymore but just so you know it is not lost on me Um It's a really fucking cool job and I'm so grateful and I almost shit my fucking pants when I saw him walking up and it was fucking fabulous and I'm just so happy that he showed up and it was a good interview and I'm so

happy you guys enjoyed the episode And then after that interview immediately the next day I got on a plane and I went to Nantucket for two weeks with Matt and the boys and by boys I mean our dogs Henry and Bruce Yes I am That dog mother that acts like I have two Children at this point but they fucking are and they're perfect Ok I know I used to be like why do people post their dogs all the time Now I'm the woman that's like I'm obsessed with my dogs You have to love them too because I love them so much Um But Nantuckett was amazing It was so relaxing We were just chilling on the beach and drinking and hanging out with our friends and I personally was on a mission to see how many lobster rolls I could physically consume in two weeks which I would say I had one every single day if not 2 to 3 a day it was fabulous Nothing better But overall it was really just a nice break and a good recharge that I needed because then after that I was immediately back to work because Daddy Gang you said you needed another episode and I got to deliver OK What the Daddy gang needs the daddy gang gets So here we are we're back baby All right All right All right All right I am going to answer some of your questions Daddy Yang because you've got something on your mind and I want to try to be a fellow friend a father figure and see if anything that I've learned through life can be of help to you So someone wrote in and said situations not leading to anything I'm in my early twenties and I've been finding myself in the same pattern of talking dating someone for a couple months but it never going further because the guy ultimately decides he's not ready for something serious My question is what can a girl do in these times to avoid repeating patterns or is the situation a thing that's going to stick around for a while Ok So my experience in my early twenties uh well i it's hard to answer this because I guess it also is really dependent on the guys that you're picking But what I would say is I feel like the hard truth is in your early twenties I don't think people are interested in engaging in actual committed serious relationships unless they have some type of feeling that you could be the one or vice versa if you really feel it And so I think a lot of early twenties is making mistakes and having relationships and dating fuck boys and crying in your room and wishing you didn't do something And then realizing through your experiences by a certain age that you're feeling now more mature and more sure of what you want then being like ok I actually have gone through so many experiences to the point where I am so sure of what I want I think if you are feeling like you know what you're looking for I would say there are people that give you a different vibe There are guys that are going to treat

you differently than just let's say taking you out to a bar with his friends on a Friday Guys that are serious that want to take you on a date that want to go on little weekend getaways that want to be sweet or send you flowers or are being thoughtful calling you at night calling you in the morning texting you Like again the communication level can be dependent on the type of person they don't need to be overly communicating for them to show they're interested But I feel like you have to wake up a little bit because sometimes I feel like when I look back at myself I was so bad at following the same pattern Like as much as I would get out of a situation with a guy and be like he was so fucking annoying or like I ended up because this is this then all of a sudden halfway through my next situation I'd be like he's exactly like the other one What the fuck am I doing What did I expect I think we go to things that are familiar that we've been doing for a while and I think in situations we are attracted to the beginning stages that actually if you look at it you're like no shit This ended in it not being serious because it kind of did start like a little fuck boyish A little like we're getting fucked up at the bar We are like always drunk when we're together then I expected it to elevate from there not saying it can't because I know a lot of my friends are with people that it started it started as a one night stand and now they're fucking married But I do think if you are more cognizant and intentional about the way that you're moving then you're gonna attract different energies So you getting into situations and then continuously feeling like there's this repeating pattern that you're getting left in the dust you have to take a little bit of a look inward and be like are you missing any signs Like have you met this guy's family Like are you with his friends all the time Has he wanted to meet your friends Like how much are you intertwining your lives and then start to work backwards from there Um But honestly dude like situations are motherfuckers like it's so annoying because you you can get wrapped up in like oh my God it started like it wasn't supposed to be something but now I caught feelings The issue is if the other person doesn't feel that way and I would to say you kind of have to just start to be a little bit more aware of what kind of energy you're giving to the person and what you're getting back Obviously there's going to be situations where a guy is going to fucking just rip the rug out from under you and you're like bitch you just told me you loved me last week and now you're ghosting me like that is going to happen But I don't know like I remember when I met Matt I just felt a different energy on our first date night Like he was not so serious to the point where I was like this isn't fun but like he was very certain and talking about things

not in a way that overwhelms me but like talking about what he wants in life and like what he likes in a partner And I was like oh like why would he be sharing this with me If not to tell me like I'm interested like do our worlds kind of align Um You can just kind of tell sometimes So I would just say babe take off those rose rose colored glasses Let's start looking at them for who they are Stop focusing so much on like the thrill of the nights out and the sex and the whatever If you're actually looking for something serious you need to be looking at the serious signs that he's giving you instead of halfway through a situation waking up and being like but I want something serious but he literally only invites you over at night time or he literally never texts you you text him all the time or you guys do go out but you've never met anyone in his life and you have fun with him But like he's never talking serious with you You got to wake up to certain things and then go from there and don't be shocked when someone ends something when it really had even begun And you can't change your mind in the middle of it and expect them to move the same with you If you catch feelings then you kind of have to just work a little bit differently of like I wonder if this person's interested and maybe stop going out at night time and be like no let's get breakfast tomorrow instead I'll see you like tell me about your night that you kind of just have to adjust the way that you approach things But I hear you situations are so fun in the beginning and then they get so complicated and I I feel you daddy I've been in many myself ok guys keeping nudes for context I broke up with my boyfriend in January and then we got back together a few months later we're long distance He said in the past he'd definitely delete my nudes if we ever broke up And when we did I explicitly asked him to delete them again Fast forward to when we see each other again Months later I saw he emailed himself some of the most explicit ones and I found all of them in his recently deleted on his photo vault app I'm still pretty pissed but no he'd have an issue with me snooping and I'm not quite enough that I break up with him over it but I haven't sent him a single nude sense as I don't trust him anymore I really want to bring it up and call him out for thinking he's slick but don't know whether or not to just sit on it and keep it as ammo for the future Also he got super pissed at me when I tried to start an only fans and then I found also when I was snooping that he created a fake email and he started to try to download only fans content I don't know what to do I really like him But is this all toxic Yes I so relate to this Like let me be so clear I remember dating a guy and we broke up and I knew he had my nudes and I just didn't fucking trust him And that should have been the first fucking sign

that the breakup should have been a full breakup never to get back together If you cannot trust someone that you're with with something that is one of the most intimate private things that you have shared with this person this is not the person for you OK Daddy gang And I understand again I'm saying this from a point of view where like I used to put up with this shit and I trust me I was going through it and now in hindsight because I've gone through now healthy relationships I'm like what the fuck was I doing I get it We all need to go through it But if you want any advice from me it's like listen this is the type of person from what I'm reading you are gonna go back and forth with this person You're gonna break up you're gonna make up you're gonna have break up sex you're gonna get back together you're gonna cheat He's gonna like someone's gonna always be fucking the other one over because if you can't fucking trust this person and he's blowing up at you for starting and only fans but then he's secretly making think of a man ok Men are so fucking lazy until they don't want to be He is making a concerted effort to make a fucking fake email ok Boys don't even I feel like half the fucking men don't even know how to do that ok But he's fucking making his way to make a fake email to buy only fans content or subscriptions or whatever the fuck he's doing And then he's going and deleting like this motherfucker has a vault tap This guy is so fucking calculated in the way that he moves to make sure that all of his sneakiness and his infidelity and him being a piece of shit are covered his tracks are cover so he can gas light you because the only way that you can fucking find this shit out is if you snoop obviously why are you snooping Because your gut is telling you that you don't trust this mother fucker I can't say it enough daddy gang Like we all have to go through the classic like fuck boy that you're just like no but like maybe or even we like the toxic There's so many reasons we stay But if you're actually wanting to have a peaceful nice relationship life this ain't the guy for you I have felt it the insecurity the paranoia the games it it just gets so old that like I'm reading this paragraph and I'm like I know exactly how this is going to end You can't be with someone that you don't trust that you're snooping that they're lying that they're being controlling over you How about that being so fucking controlling and the disrespect you're asking this person to delete your nudes and it's like the sneakiness at which this guy is moving I wouldn't fucking trust this guy for two fucking seconds I think another takeaway is this person has showed you their comfort and capacity to lie and that is fucking terrifying And I think even like a bigger teaching moment Daddy gang Maybe you aren't catching your partner lying about nudes or only fans

and you can't relate to that specificity But how about this Maybe they have been lying about some like weird little things that you're picking up on but you kind of glaze over it because it hasn't really turned into something important or you haven't found anything Let me be so clear That is a red flag Someone's straight up lying to your face and making you question your own version of things or your own reality that is called gas lighting and that is manipulation 101 So even if you're like well he did lie about that but like I don't know why but like what No if someone's lying to your face there's more underneath that and you have to fucking wake up and try to recognize this ain't healthy My other problem is and I fuck damn I was fucking awful at this but like toxic attracts toxic by me being involved with toxic guys In the past I eventually became toxic with it and would like play the game back and 1 to 1 up them and blah blah blah blah blah And it was like am I having fun or I am I just constantly in a stressed state playing a fucking game that I know I'm never gonna win because I don't actually I'm not enjoying this because the end goal was I wanted them to change I actually wanted this guy to change and he wasn't going to So in me just like quickly wanting to play into the toxic games I just ended up getting hurt more because I went down a farther rabbit hole that ended up fucking me in the end I love you I just think sometimes you have to know when your self worth needs to be a bigger priority rather than trying to find a way to make something that's so obviously toxic work And OK one last thought I know I kind of mentioned like I started to be toxic because the situation was toxic But I do want to just hone that point in a little bit more because now I'm realizing like I started to become toxic myself and it became the norm in the relationship And I feel like if you're listening to this and you're getting to that point like you start taking on toxic behaviors without even being fully aware of it which is pretty fucking scary And yet when I look back I'm like it's essentially how you learn to survive in the relationship Like you're trying to keep up with his bullshit and you start snooping and you're reading text and you're checking their location and it's all a defense mechanism to look out for yourself But daddy gang eventually when this relationship ends you're gonna bring all this fucking toxic baggage shit into the next relationship and that is not how you want to start your next relationship So my advice because I it took me so fucking long like I even still had to work on it when I met Matt my fiance You basically got to unlearn that shit because you might end up pushing the next one away that you're actually supposed to be with and you want to be with But you're so heavily in the toxic cycle you gotta wake up and check



yourself and make sure like the next one has to be on you to make sure you undo that shit So my advice is get out when you can because the longer it goes on the more familiar and comfortable and normalized it becomes And I was the queen of that and it was not fun when I started to look back and recognize all of it We all got to go through it but don't go through it too hard that you wake up one day and you're like God damn I've never had a healthy situation at one point It ends up being on you to to change ok navigating the world with an STD My ex-boyfriend gave me an STD Please help I dated a guy for over two years and found out not from him that his ex had HSV two which is herpes I confronted him about it and he swore he had been tested and that's why he never told me I didn't trust him since we've had many conversations about safe sex STD S and he never mentioned it before So I forced him to get retested He ended up testing positive and then I got tested and tested positive as well I broke up with him over it However now I'm terrified to try to re enter the dating pool due to the diagnosis I'm about to turn 31 and have had four serious real relationships and only slept with five people in my entire life I feel like I've done everything in my power to be safe and still ended up in this position How do I move forward I'm looking to settle down get married and start a family but I can't help but feel like this may have just jeopardized my future Please help OK The first thing I wanna say is I'm so sorry that your partner was not honest with you II I like can't imagine dating someone and then having to find this out also not even from him from someone else and then you having to push him to get tested Um I I also just want to pause because it's never fucking right to not tell your partner My only my only thing is like I think there's just such a conversation that needs to continue to be had about I'm not saying normalized STD S but so many fucking people me included are having unprotected sex right And there are some people that get fucking lucky and there are some people that get what comes with you know not having protected sex And even sometimes if you have sex protected sex some fucking times you can still get an S CD ok You are not damaged goods You are not less of a human being because you have an STD and you should not feel like you cannot have a happy healthy life because of this situation that has been essentially given to you by someone that you trusted I'm not saying that herpes is not something now that you need to be very honest about when you're dating someone But I just want to start with that Like so many fucking people are dealing with this and I bet so many people wish they could have someone to connect over and talk about it with because it's probably so fucking isolating and lonely and I I

am so sorry but you are not less than because of this So first and foremost anyone that has an S CD that's listening to this like do not do not let yourself not enjoy your life because of this There are ways that you will be OK with this and I get it The dating world is so fucking awkward in itself to even be like trying to figure out how to like the the dating world is already complicated enough to then add in being like hi I have an SED it's a lot What I will say is this I think that you need to date with your with your happiness and personality and your strengths in mind Ok So when you're going on a date and I know this is probably hard but when you start to date people let's move forward with like you don't need to sleep with this person at all right away ok You are just trying to figure out if you like this person enough because what I don't want for you is like the fucking trauma of having to on first dates like just by the way like I have herpes you don't need to do that And that is not you being secretive that's not you being disrespectful or untrustworthy That is not that person's information to need to know yet because you are making the decision to not have sex with them I think as you start let's say you start to date someone and now you're on your fifth date and you know they're kind of making moves and you know you're you're making out and obviously depending on the type of herpes you have like you're able to make out with them and and um and then all of a sudden the the conversation in your mind is like sex is clearly being is the next step for us like we want to have sex together I think that you can always be honest but this is partially being honest just being like I'm really a slow burn Like I always want to make sure that I really like someone before like I'm super physical with them Whatever the first step is is there a fucking guy that you're sitting across from that is like can I be so honest That is so fine I love being in your presence I love hanging out with you It is all good The first step is to find someone that actually fucking likes you for you ok And you build a rapport with someone that you can actually feel comfortable talking to It's too much fucking pressure on yourself to feel like date three You have to tell this person absolutely not Now is it going to hinder you from being able to have maybe a one night stand Yes And I apologize that that is now the situation But I'm telling you this could also like it seems like you're saying you know you've only had a couple of relationships in your life you're a relationship girl So let's play the long game Start dating someone start to make sure that you like them Obviously sex is a huge part of a relationship And once you start to really figure out if you like this person and I'm saying like date fucking 10 I'm saying like two months in you know like you've

been going and then finally this person's like babe like when are we fucking that is when I think you have the conversation and I think you do it in a situation where you feel comfortable whether you have this person over and they've been at your apartment or your house or wherever you live and you have um you know you're having a dinner in and you bring it up and I I let me try to think of this but in my mind if I quickly had to be like what would I say Let's say the guy's name is John Ok Hi John Johnny I would say John I have something I want to talk to you about and I I will admit I've been so nervous to talk to you because it's probably my biggest insecurity and I could cry thinking about it because I don't want you to like me less when I tell you this But I also know I need to tell you this because you deserve to know And it also is important for us to have a conversation about and he's gonna be like oh my God what the fuck like what's going on obviously but this is a serious conversation but you need to hold your ground and just be honest with this person again like you would have liked the honesty and then you're going to say a few years ago I was in a relationship with someone and it was a long term relationship I've only slept with I mean you could be honest if you want I probably would just say this because like why not be fucking honest Like this was a fucked up situation and it doesn't even if you fucked everyone Like I would just say I was in a relationship with someone I have not been in a relationship with that many people in my life and this person lied to me and I broke up with them because I found out that they gave me herpes and it's something that I have had to live with since then And I am so embarrassed and upset because I don't really know how to navigate this I'm gonna be honest with you And the only reason I'm telling you this is because I feel like we've gotten close enough where you won't judge me and I hope you don't And II I know I need to be honest with you because of course I want to be intimate with you and and I wanted to tell you earlier but I also wanted to make sure that this is something that both of us are even interested in because this is really hard for me to talk about This is not something that I can just casually bring up on a whim in a text or over drinks with our friends Like this is now my life and I'm sharing this with you because I do really like you and I do trust you and I'm not expecting you to immediately answer like I know this is probably a lot for you You can take your time you can think about it I just ask that like you don't immediately shut the door on me because this yes is something that happened to me and that I have but this does not define who I am And I just I would love to be able to continue to see you but I I completely understand if you need time to think or whatever I

don't know if I just did that correctly I just kind of winged that and like again I want everyone to know you can do however you want you could be like a bitch I fucking herpes like you in or you out like you know what I mean It depends on your personality but it feels like you're someone that's really overthinking this And I think this is the telling part for you You need to be with someone regardless that respects you And I understand that this is something that like you now are going to have for the rest of your life But you also want someone that wants to be with you for the rest of your life And so it's like is there a way that you can find someone that's like you know what let's look into it let's make sure like how can we be safe Like but at the end of the day I love you for you This doesn't define who you are Of course there are certain things with your sex life that you're gonna have to have conversations about Um But again I apologize to anyone that has had to get an S CD Um You know I have talked about having gotten something in college and being so just like what the fuck like there's just so many feelings that come with it and and I I'm so sorry and so if you end up having a conversation one point please write back in and and give us you know your wisdom and your advice of how it went and and when did it happening But just know daddy I love you and you're not alone and um and you've got this and this is not this is not the end of the world I think society makes it feel like it is And again I'm not trying to downplay STD S but we also have to stand up for people that this was not your choice This is something that happened to you And then I can see people being assholes being like hey it was her choice She didn't a condom Listen neither are you Becky shut the fuck up Like all of us are taking a chance when we're having sex again Like I said even fucking people that had used protection get pregnant like this things happen But how you deal with it moving forward you can't let this you can't let this define the rest of your life So I love you Daddy you are going to get through this and please keep us updated We love you Ok Daddy Gang That is it for this week's episode I hope you guys you know could take a little advice from that or you were just listening as you were driving in the car washing your dishes or having sex or doing whatever the fuck you're doing You're at work Hi it's me It's Alex I'm hoping you enjoy this week's episode And daddy gang You know the mother fucking drill I will see you fuckers Next one Say goodbye