

Keke Palmer

Hello Daddy Gang It is your father Alex Cooper Call her Daddy will be taking a brief break this week but we will be returning January 11th 2023 new Year with a brand new episode to kick it off Please enjoy this older favorite episode from Call Her Daddy In the meantime I hope you guys enjoy your holiday break I love you all I cannot wait for you to see who is kicking off the new year for Call her Daddy Until then Enjoy what is up Daddy Gang It is your founding father Alex Cooper with Call Kiki Palmer Welcome to Call her Daddy We just started just like this I love it I love it I love it What's up guys We're so cozy right now This is literally the best vibe ever And I'm like not just gassing her because I'm here with her I'm letting you guys know I'm so happy right now The chairs are comfy We got Kiki her tea We're like kind of that today We are and I just what I love about it so much is just that it's not what is expected Like I imagine we were going to be like at a round table for some reason Like I don't know what I thought but this is what I needed This is not red table talk This is like good vibes chair Like I wasn't ready to talk about intensity You know we're like in our cozy big chairs we're going to have a great conversation So Kiki walks into my house and I was like listen I don't want you to get freaked out but I'm a big fan OK For multiple reasons OK Aquila and the be jump in come on jump in like iconic movies growing up So it's like a cool moment Like be in a room with you That's literally so cool Thank you so much But but the best thing I think that really did it for me was your song Bottoms up It's still a banger I listen before you got here I always hear that It was very much so like AAA getting it round up song Like I remember this lacrosse guys lacrosse team was like yo we used to get pumped up in the locker rooms the bottoms up like the story that I have bottoms up like continue to amaze me each and every day It's such a good hype up song and you're re-releasing the song I'm doing the whole rerelease gas she's giving everyone what we need which is a rerelease OK So my question is how did that come about like how did you decide Well you know it's so crazy because bottoms up life continued to grow and it was it was probably like the biggest song on that you know my first album so uncool but the label didn't really like feel it They didn't really love it They wasn't really necessarily into the rapping They they felt like it wasn't all the way age appropriate Like they had all these things that they felt they really couldn't market it But I'm like the kids was getting it So after all these years I think I was kind of just like well I'm older now Like what

would I what kind of video would I give Like if I were to do bottoms up again It's like I you know have my own label I do my own thing now Like I'm very independent I'm solely independent So I was like you know what I'll just rerecord it you know do it again and do a video and kind of like give this bottoms to 0.0 type vibe and do it as an adult Did you change anything about the song No everything was literally the same Like I mean I changed the part where I was like only 13 because I'm not 13 What did you what are you saying I say um wrote this at 13 Now your girl's a thatt because she's a vet Now how is the young kiki that originally wrote this song different from the woman who is releasing it today That's such a great question I'm a lot the same but I'm also different I think in ways of just like when I think about the whole music experience and my recording that song experience and just my life at that time there was so much weighing on me in terms of like who everybody wanted me to be But now at 28 I think I'm much more confident in believing that whatever I feel is right is right I'm not struggling with trying to prove so much to the people around me I'm kind of like either you're gonna get it or you're not gonna get it That's a great way that I feel like I've changed because that would have just driven me crazy to keep living like that The evolution of your career is incredible because you started so young You grew up in Chicago did you always want to move to L A and like be in L A and Hollywood You know I didn't never I never knew that L A represented that like I didn't know you know being from a small town like I'm from you know where it's cornfields farmlands you know I only knew art I knew performing like singing I knew acting because I heard about it from my parents But my parents parents were theater people So you know theater you think New York If anything I never heard the idea of like Hollywood you know or you know that's where stars are made I just kind of thought to myself I want to be in entertainment I want to sing And then eventually when I found acting I was like I really want to act and then from there you know my desire to act and to perform on film and television was how we found our way to oh the place to be is California And pilot season happens here And do you remember for your first acting job Yeah My first acting job was a barbershop too I played Queen Latifah's niece I had like four lines That's like a pretty huge role though The fact you see people like I did this commercial you like that's so casually That's like your first role What Yes I've heard this before and I'm like thank goodness because I mean it's so funny My mom used to say when I was younger I think she started saying it like after I had started getting work because it would have scared me maybe if she had in the

beginning But she was like you know people wait all their lives to get one line And I'm like oh hell I'm like thank God thank God I've been waiting my whole life you know but obviously it's a process you know and and um but yeah that was the first role I did four lines and yeah OK So you obviously have siblings you have your family you guys eventually all move out to L A because your career is starting to take off What was the conversation Do you remember like with your family about that move Because it's like a pretty big deal Yeah You know I think it was like man that's so interesting I'm like what did we all sit around and like kind of discuss I think we did but I was a kid So like how much of it I remember I don't know but it was kind of as if the way the framework that I put it in is like what you would do for an athlete if your child would love soccer or basketball or whatever the sport would be It's like the family kind of just all gathers around it like this they got this going and we got to support them you know this is their hobby this is their skill and it's rolling and we got to support them and everything with us It was very like support family It was always we're doing this together This is for you know her success is our success You know our success is each other's success And so I think that was just the kind of identity that we had going out there was you know what we're doing this as a family She's loving this we all love entertainment and arts and this is an opportunity for us to go to California and see something new and different and who knows Kind of uh you're right It is kind of like everyone's success if like if you're succeeding But I also know like that's a lot of pressure and especially if like your whole family also you have an older sister Right I do too And I'm sorry but it's the age difference We are four years apart and if my fucking older sister my family was like we're up and moving I would be like I hate you Like yeah but that's exactly how she was No Yeah for sure Like the consensus going there was positive but like all the emotions in the midst and the aftermath were not totally when you're that young you can't help but be like oh like you look at your sibling and you're like you're still a young kid You don't they don't see you as like successful or famous like let us also shine and let us have our time So I can imagine that like that's like a big move for a family So you all move How did that move and like that success affect and change your family a lot Like I mean we went through so many different phases we went through the phases of you know how do we deal with the fact that I'm making so much money You know what I mean Or how what we did with the fact that yeah the other siblings don't feel like they're getting enough attention or my parents had to do a lot of switching off for that reason

because after a while it would kind of feel like mom's not around enough because she's always with Kiki And so then they started really implementing that this movie My dad goes with me that project my mom goes with me which I think was helpful you know and then the whole fame thing you know me being popular when we going out oh that really became a thing Like you know I know everybody thinks the famous thing is cool and I think it has some cool part but it really is also like very traumatizing in a lot of ways And I think it really traumatized my family for a good long period of just having to deal with how people treat them to get to me You know the kind of the the thing of like oh this person was only my friend because they wanted to get to you I think that causes feelings of resentment or just frustrations And so we had to work through a lot of that stuff It was just a lot I don't think anybody is prepared for that There's no like guideline or handbook Someone hands you like this is exactly how you do it So this your life is going to change at this day And then I can imagine I'm ready to write that book by the when you when when it all happens this is how it goes Guys you done gave me a new book you know what I mean Like write up write it down because I've always thought about it I'm like don't come for my money You you can have it You heard it here Palmer you have all the rights to that idea because you've lived it Think about how like how are the parents supposed to act Like even hearing you talk about that with your mom and your dad It's like at the end of the day you are one of your siblings And so like yeah to the world you're like Kiki at the time famous and successful and everyone's like obsessed with you But like what about your sister And what about your younger siblings And so everyone has a different way that they're affected by it and no one can relate You know the thing that I envied the most in that situation was they all had each other to relate to and I had no one to to my experience So it really made me feel so isolated in my family after a while because it's like all y'all together get it and feel the same way about how all this is affecting you But who can identify with my experience if somebody thinks you are successful or they think that you have the things that they wish that they had they immediately think that means that you're exempt from any human feelings And it's like to me it's I wish I you know I wrote a book before where I talked about this where it's like I hope I can show people that no matter if and if you have all the superficial things that people think that you should have you are not still going to just be happy I'm I've you know I've had to deal with depression all type of things all my life and it's like if I'm somebody that you look at and you think has it all Let me

tell you right now I still don't have it all You know it's it's just it's not how life works Hearing you talk about 13 year old you for like 12 th like very young age to be like experiencing this type of fame I mean how old were you when you actually popped off Like yeah popped off for like 13 I mean if we're talking about popped off popped off 15 Jackson VK 15 I had braces I was on a I was I did too I did it literally like is perfect You're catching me on a day where like yes I'm happy about it She's like she's smiling by the way guys She's like I know I know three plus rounds You did three Probably something's wrong with my inside right now But that shit that skin is Thank you But it's like you know I get it I get it when you're a break out when someone says like oh you have a nice Skin Day Like it's almost like you don't feel it yourself because you're I'm haunted by the pimples Now That's also let me write that down for the book No I'm kidding But that's the thing Right You know waiting I hate how that happens as a human being Once things are habitually terrible even when they're good you can't even be happy about it because you're waiting for the terrible to pop back in I'm just like waiting like I can feel something coming like just don't and like I and I still see like the scars and like like hour late late But um and what I was saying is like at 15 it's not normal to have that many people looking at you And then I also heard you what you said and that was my next question was you're making a shit ton of money at that age which again is not really a normal thing for a 14 15 year old to be doing How did being the breadwinner of the family affect young Kiki Oh I think it did both boys because there was one time where I was like I'm making all money and I gave a little attitude But that was like I I can literally tell you that was like if not one time a handful of times because I mean I grew up in a black household in a very strict household because they had just popped my ass back So I didn't really go too crazy with the whole ah but I will say more than anything It made me feel like I had to be so in my place all the time They do this to child actors all the time where it's like don't be like this person and I forget there was like a child actor that like it was a popular line that ended up in or I think he admitted or he said it where his mom was like go to your room and he said they're all my rooms It's like that's the thing that haunts like every child actors Like don't be the asshole don't be the asshole on set Don't be the bad Like don't don't make everybody else feel bad that you're making more than them kind of vibe So it ends up making you just feel like you you gotta be a people please all the time and like you don't have any moment to like really you know step into your own dignity because everybody is always feeling so

insecure about you making so much money and it's like damn like what do I do Like I can't really know what to do with that It makes for some great therapy sessions I can only imagine It's a crazy crazy world It is it's hard and then it's like everybody want to judge your parents So then it's like you now got to defend your parents to everybody else You know it it's just such a as much as I love the fact that I started so early you know what I'm saying Like I'm so happy that I that I was able to start my career at the age of nine and and was able to experience the success I've experienced and the fun great memories that I've had You know it's really something that I think people really got to be prepared for and really got to try to you know do as much research and things as they can because it's not fun You know what I mean Like it's not a it's not an easy ride I can already feel it Like you're not saying at all you're not grateful for everything you have But I do think that sometimes it's helpful to peel that lens back because I think social media especially recently like everyone wants to become internet sensation famous and then it's like you're looking at the kids that become it and like they look pretty fucking miserable And so like we're all human beings we're all going to go through the same emotions of sadness you know strength and no one really wants fame Everybody just wants to be seen but they think that that's what fame is going to do them But fame actually doesn't you're not seen you're actually more unseen because you're famous based off a perception that other people have for you So you know and then and then it's the whole thing of oh you know when you ask for this right Well we have so many different categories of performers All I asked for was to be on a damn stage to cry a little bit on cue laugh on cue make somebody else laugh like that's really what draws me into it And so I feel like just like most people except for people that genuinely do want fame they're drawn to what they do for different reasons They want to express they want to emote they want to get their feelings out they want to you know make someone feel a certain way they want to give in some way I think there's also that aspect of being a performer is you're giving constantly want to be and they finally get there and they look miserable is because oh shit I'm even more unseen than I was before What do you think the reaction from your family would have been if you had announced that you needed to take like a year or two off from acting when you were like 15 16 Oh my gosh That used to haunt me Girl I used to I I this is going to sound really dark but it's fine because II I am owning my humanity and I think it's important for people to hear because as a kid I used to be like I wish a car just hit me right now just so I could you know not feel

the guilt of wanting the day off Like I would literally want stuff like that to happen Like let me just break my leg Like wouldn't it be great if I I know that sounds so terrible But that is literally how horrified I was and how guilty I would feel to take a break at that age And that's something that still haunts me to this day like where it would be like I would feel like the only way that I could take a break would be like a tragic thing happening Why do you think you felt that I think it was just a lot to process like being a child entertainer and knowing that my family uprooted their entire lives for me to do something And you know if I stopped like I I think I think it's also like maybe an unrealistic level of responsibility thinking that I that it was like oh my family is just gonna fall apart without me Like I think I also was like that was a little bit I don't know what you would call that like But I think that was a little bit maybe ego I like egotistical in a lighthearted like a light way where I kind of felt like they're not going to survive without me on top of just feeling like I'm going to let everybody down you know it's a bunch of things mixed up You probably also felt that way again because you're so young and like you're being probably made to feel that way It's like Kiki's gotta work Kiki is going to work like Kiki is doing this and it's like although they're not like forcing you to do it but like it almost becomes routine and I think like a lot of people can relate in any aspect of a life when like a routine gets formed in a family of like someone does this another person does this Like if I don't do my part it all happens It all Yeah And then it was oh my gosh I was thinking something that I was gonna say but oh it's also like what you were saying like uh before about something else where it's like I do love performing I do love performing So how do I explain and how do I tell you or how do I get it across that I just don't want to do it all the time Like it was hard for me to believe that the two could exist that I could turn down an opportunity or not want to do something and still love it the way that I do Did anyone ever ask you like hey Kiki do you want to take a break Yeah But it was always like OK if you want to take a break then it's like we got to call the folks and let them know that I guess you don't want that opportunity and everything they decide Hopefully they didn't go through with it already And then and so I just was like fuck it like I'll fucking do it if it'll shit y'all asses up Like that's how I felt like I felt really old you know it was like a very old old lady Like you know what Just just book me in there Fine Here we go I'll shut up I'll show up literally What was the most difficult aspect of being a child star Damn it All of it Uh The most difficult I think being so feeling so alone I felt so alone I'm telling you like it was it's such a loneliness I would

not wish on my worst enemy You know there's no way out of this you know I just it was just really a sense of like hopelessness as it pertains to human connection and interaction And that's something that I thrive on That's what made me love performing And now I can barely connect to people and people can barely connect to me Oh No What's I can never go back You can never go back once you're famous You can never go back Justin Bieber doesn't have to do a song another day in his life It's still gonna be like oh that's Justin Bieber Not doing a song a day in his life Like it's gonna always be it's gonna always be Kiki Palmer did that Kiki Palmer is not doing that Kiki Palmer You know it's that realizing that you can like there's most things in life I mean except for the past most things you can you can come back from you can you can like all right I'm out of it or I moved on from this But fame you can never go back looking back now as a wise grown up that you are what advice would you have given younger working child star Kiki just keep living And my mom used to always say that to me and I would just be like what the hell like just keep living you know like what does that even mean But like I think it really means like just keep living and I'll say this to anybody that has dealt with depression or suicidal ideation or just wanting it to be over It's like just keep literally and metaphorically living because what ends up happening is emotions fade and things change You know life is about highs and lows and when you're the kind of person that really deals with depression and things like that you really what happens in those moments is all you can focus on is the low All you all you you know it's very black and white It's like I'm happy or I'm sad And once you're sad You can see like that's what depression is It's hopelessness It's not seeing the end of something It's not seeing being over the edge and knowing that there is is gonna be a better tomorrow But what happens when you keep living when you don't shut the door when you don't call it quits Is you able to look at your past and say I know it is gonna get better right now I'm depressed This might last a year this might last 20 minutes this might last an hour But guess what I know from the past that it's gonna be ok Such good advice Ok Let's discuss relationships Let's discuss relationships You have been open about a codependent relationship you were in you also wrote about it in your book I've actually never really talked about codependent relationships on this podcast So this is like a great topic to help a lot of like younger women or men listening How do you define a codependent relationship Um it's a relationship where I mean there's a lot of different ways that you can define it I think if I'm just trying to give a stab at it it's kind of like a relationship

whether it be parent child a lover or friend where you kind of need that person or look to that person to provide your own like security within yourself Like a like an independent and a healthy relationship would be you having boundaries and not looking for somebody else to be there and make you feel good about things that you have to make yourself feel good about It's like you having the ability to kind of do things on your own Um you know and when you're sad making yourself feel better when you're mad calming yourself down it's like uh it's it's the being codependent or having a codependent relationship is the opposite of you exercising your personal autonomy Stop Your definition is better than Google Like stop But it was so that's so because you're speaking from experience and it hits right When were you personally in a codependent relationship All my life with my mom all my life all my life all my life all my life been grinding all my life No kidding Uh Yeah all my life with my mom My mom is like my you know I always have to fight the codependency of that relationship I mean because you know I leaned on her for everything You know what I mean And and it was just like no clear boundaries are set you know when she's upset I'm upset when I'm upset she's upset It's like it's too much like we're just you know and it's literally like that like I could get into a fight with somebody and she's calling him crying and it's like Sharon you can't do that They don't you don't even know them you know she's like what you did to her and she's like and she feels it It's like crazy So yeah that's my like I've had other ones but I think that's you know my introduction I think that's most people's introductions to codependent relationships It's through their like where you learn your first relationships is with your parents and mines was a little bit codependent because of just just the way it was Do you think that you when you got into a romantic codependent relationship did your codependent relationship with your mother adjust because you were now in one in a romantic relationship No I just had two Yeah I just had two I just had two codependent relationships you know and then they and then they the danger is and that is also like it's such a hindrance to the intimacy that you can build with the partner because I just go to instead of dealing with us or dealing with me I'm going to my mama let me tell you what this motherfucker did and I'm just doing it again you know instead of doing what needs to be done which is either saying I'm going to set this boundary with you and I'm going to deal with this on my own or I'm going to talk to my therapist I'm going to write it out I'm going to come to my own conclusion Understanding it's like now I'm then asking my mama what to do with you And I know so many

public like people listening are probably like am I in a codependent relationship Like I think a lot of people are ii I would guess that most people are like at least 50 50 you know or at least if it's not 50 50 or shit 100 then it's like you might dip in and out because it's hard like being the whole human thing That's the thing Like it's hard to do that shit alone Like it's hard to know the right choices to make and the things to do and it's so much easier Like if you just let go of the wheel and let some somebody else decide for you 1000% specifically for like romantic relationships If someone's listening from your experience what are like warning signs that you can kind of be like you know what I'm I'm catching myself that's indicating you're in an unhealthy situation I think the number one thing for me that lets me know is if I'm if I'm afraid to go hang out with my friends like if I'm afraid to like oh I don't want to hurt their feelings because you know I know they want to spend time with me and you know what I'm not going to hang like so once you start abandoning your own personal desires for the relationship out of like you don't want to hurt their feelings or you're afraid they'll get mad at you or you are already thinking about when you might need them So you're going to do this to make sure like when you got to do stuff like that it's like you should feel comfortable in your relationship to be like I'm going to go hang out with my friends Bye totally You know or I'm going to go do this Bye So again obviously you can continue to work on your relationship with your mother for the rest of your life But when it came to romantic relationships obviously those relationships come to an end And I can imagine those relationships are really hard to break up with someone especially when you're in a codependent relationship Can you explain like how did you come to realize like it was time to end it And like how did you mentally get there to end a codependent relationship That's really hard It's really hard with that codependent relationship to move on because there's too many intertwining and everybody is like so so upset It's all a lot of guilt tripping and shit so good luck But um I think for me I kind of just like what happens is I haven't been setting many boundaries which is why we're in this position And so what I do then is set every damn boundary I got like it's like it's like the boundary wall is like made out of Tira I don't even know if Tira is real It's like it's made out of Tira It's like it's such a huge boundary wall where it's like I can't even tell you we're done Like my boundary is now so high that I don't even have to I don't even want to tell you that it's over because it's for my personal best interest to not speak to you at all And so I just literally go cold turkey like that Wow Because I remember in your book

you talk about how like you kind of almost knew for a year and oh yeah a lot of mental preparation as well But I don't know that's very vig of me A lot of mental preparation I leave a relationship about six months before I actually speak to totally And that's also such a good First of all I would like to say like I think we need to be easier on ourselves when it comes to getting out of a relationship If you are in a relationship and you know you want to leave and you're having a trouble like having a hard time getting out of it for yourself and you're like trying to gain the courage I think the first step is like do not beat yourself up It's so fucking hard And like I think like especially as women sometimes we get like really down on ourselves of like when you look back like did I stay in that too long No like don't look at it that way It's hard to get out of shit And it's hard to like mentally wrap your head around how to leave something that like you did love and maybe you still do have love for So are you in therapy during that So therapy I'm big I'm big on therapy I I always have a therapist at some point You know what I mean And so I was in therapy and the therapist usually will help give you tools You know what I mean If you talk to them honestly about what you're going through and really trying to work through it then they'll be able to give you some helpful tools But yeah I think the mental preparation like you said being easier on yourself and giving some mental preparation for what you're about to do is is important You know nobody just jumps into a back flip or splits they stretch first you know what I mean They do they do or you're going to strain your ligaments and it's gonna hurt really hurt So when I do all that mental preparation it does help for when I do actually make that decision I'm like you know and it and it and it it it seems like cold but it actually has been mentally in my mind and that's how I do with anything I that's why I hate when somebody brings up work to me like for the for the following day when it's like by the way do you want to do this tomorrow Hell no I need to mentally prepare So I think mental preparation in general is like it's important So we kind of touched on this earlier and you wrote about it in your book You've been open about struggling with acne I have been open about it on my show when I was younger in high school It was awful and it's really debilitating and you can't explain it unless you just feel so stupid Like I hate like as if it's a personality trait like as if you want that to be happening like oh I could just start crying thinking about the amount of days of school I skipped like faking that I had period cramps I wasn't even on my period and it was like fully just because of like the breakouts But you have been open about it which I really respect How did you make the decision to

just like open up and talk about it Like you said it's so debilitating that I think I was just looking for a way to like make myself feel like I was like loving myself You know what I mean I wanted to make me feel like you don't have anything to hide from anybody you know you're beautiful you know So I think that's just really what it was for me It was me being like I'm not gonna be ashamed and keep this kind of energy in the dark you know I'm not gonna feel like I have to like prove anything to anybody I'm gonna you know stand here with my arms stretched wide and be open and be accepting of me Let me know that I love me regardless which is hard at times And it is when you experience a breakout how do you combat the insecure feeling the anxiety feeling of going through a breakout I I really sometimes just let it out you know what I mean It's different vibes different times Like sometimes I'll like you know you know what We're gonna work on this and we're gonna do a nice little mask and we're gonna bla bla bla you know I try to do a bunch of stuff turn into a damn institution And then other times I'm like you know what I'm just going to stay inside and I'm going to just you know really not even just talk to anybody You just gonna be like let myself be sad about it put on a good show Other times I'm like literally crying in the mirror looking at myself saying you're beautiful I love you It's OK You know you're gonna get through this It's going to be all right It's going to get better You know other times I'm looking online for the nearest doctor you know I'm gonna be active about it You know what I mean So it's like there's always a different energy But I think most importantly the thing that's common about all those things is that I do what I need to do in the moment that you know I mean with that I try to be real easy on myself and just let me feel and do what I need to do in that moment because it ain't gonna there's no quick fix for the skin shit It's like y'all motherfuckers don't figured out how to make people have huge asses and shit but not how to fix the acne Come on like that pisses me the hell off How we got all this people can change their eye color right You can get fake ass teeth you can't get my skin clear What the hell is going on It's so like I remember in high school I used to like coat my face with makeup and in and in college I would play sports and like it's not cool to be like wearing makeup when you're playing a sport but I was doing it all of a sudden I started just being like the first one in the room to be like I'm breaking out so bad So it's like I owned it instead of like I know you're all staring so fuck you I'm going to own it first It can't get to me because I'm not hiding anything So it's like a freeing of yourself Something else that you made me think of too was I also believe that there's an element of like

spirituality to the skin thing And like when we talk about all the stuff like me as a kid and everything like that I feel like I feel I felt so unseen and I felt like everything was covering me up in the same way that I felt about like my skin like like feel like how I felt inside is how it was like the physical expression was like the acne kind of just like covering me all up And I will say although I'm you know I'm not taking any pills or anything Now my skin is definitely getting better I go to see it as a I do my routine I do my thing that I can I try to stay away from the foods that I know that trigger me But more importantly I'm doing a lot of personal self work as it pertains to like owning my boundaries and and saying what it is I want to say and being true to myself And I and I do feel like in a lot of ways that's you know relieving me of my skin's problems as well Like I think that also was so stressful trying so hard to be everything and holding everything in and you know what I mean Like that it really physically became like a manifestation as well Like I mean that's just my spiritual feelings about it as well as actively doing things to change it But it's like I do feel like there's something to be said about it This is not a decision you made that you're like it it has nothing to do with you Yeah I think that's beautiful and a great way to look at it as well Changing your relationship with the acne is a way to also you know and I will say we all know we're so much more hyper focused on it than someone else So it's really in our head a lot of the time not to diminish and know it But it is and no one is perfect You know it's just like fuck it I'm the girl with the skin shit fuck it You know fuck It doesn't define who you are It it can't at the end of the day and by the way let's be real Did it stop anybody from liking you when you had acne It ain't stop me So it's like people really don't give a shit like girl you still going to get laid a ain't no dude saying ah the one thing she had was a pimple I mean that was like nuts So it don't it ain't really stopping nothing You know such a good point Look at us we're just empowering over here Oh Thank God So let's do some girl talk because my listeners are called the Daddy Gang and we need help What's more important to you in a relationship physical attraction or emotional attraction I mean definitely emotional emotional attraction I mean I definitely want something nice to look at but it needs I need the emotional Don't you also feel like when you have the emotional it no matter what makes them more attractive Do you know what I mean It's like if someone is you can connect on such a deep level immediately they become so much more physically attractive Not actually even just their looks like by like your attraction sexually to them it's like damn you're a cool ass human that I connect with Ok Next if you are

best friends with a couple and you know one of them cheated would you tell the other partner Oh no no no no no no no I would not do this No I wouldn't do it Um I would think long and hard about it and you know if if if push came to shove maybe I would do an anonymous note anonymous email type thing I know that's cowardly but it's like how am I going to single handedly be the one who brings it You know that I don't want that kind of I thought because I think if you I think if you're friends with both of them equally it's like this is a messy situation Maybe you could have a conversation with the person Like listen obviously I know I'm just wondering if you're going to ever share this like because I'm in a weird position but most of the time I feel like whenever someone gets there's a cheating situation to get involved with it it's so messy because some people it always blows back on you and you're like they're going to get back together right And you the messy bitch they're gonna cause all the person who they cheated with they're not even going to be in to anymore is going to be you because you told and it's different if it's your best friend you're like bitch I know he cheated on you But if it's like a couple that is in your friend group like stay out of it it's messy I agree with you Ok What is worse Physical cheating or emotional emotional cheating for me It is emotional Always the 10 no no no no no Oh no Oh it's so sad Like Tik Tok No you're right It's really disheartening to think about But like I agree with you I think that it's just like to conceptualize like a partner that you're so close with like feeling the need to like emotionally to someone else that means that you are emotionally not have not been available enough I mean there's no way not to take that personal I mean obviously physical cheating can be personal as well You know I feel emotionally not safe in this relationship or I'm holding something back so I cheated or I cheated because I just was weak in that moment Then those things with the physical cheating there are ways for it to not be personal I think as much as I feel like emotional is always personal We're getting all down in the down We're like oh my God this is depressing Yeah Thinking about that It really made me right It's sad What are your thoughts on once a cheater Always a cheater I don't think that's true I rebuke that kind of thing in every aspect once this once that you know No no no no no no no no no Yeah I think it's just kind of like you cannot hold people in their sin quote unquote You cannot hold somebody in their worst moment you know or their past or who they used to be Like I just think that's so unfair to even put that over people's lives to be like yeah once you did that you're done just it's a very bitter way to look at life you know I think that kind of phrase or that kind of thinking that then is

applied across the board And what you're essentially saying is you don't believe that anyone can change and I do believe people could change to sometimes my detriment So ok can a friend date your ex under any circumstances You know staring at me like why are you even ask you know that that is a hill No across the board It's so sad to me Like I have a lot of women that will write in being like my one of my really good friends is dating one of my exes that like I used to be in love with in college and I literally it's like what the fuck I'm like that's just like friend code of like then that's not really your friend I feel like there are millions of men in the world I know women are more more women but it's like right it's like come on you didn't have to pick this guy It's like so you was waiting on him to become single Were you waiting on the timeline of oh you have five years so he can be dateable to you Like there's so many other guys I agree Like if someone's listening and you were struggling with that like I've had women write in being like is it unreasonable for me to get upset The answer is no And I think if anything it just gives you an indicator of what that friendship is Yeah And and to the people that are thinking well me and him just click and it's just like you know I deserve to be happy too It's like bitch you could be happy with anybody stop playing and stop lying because everybody always say that then they break up with the dude two years later or a year later or five months later And it's like you fucked up your friend and you relationship over this dude that you didn't even really continue with So it's like just stop lying to yourself He's not the one you know he's not the one you're looking for a moment and it's not worth it Yeah Ok How early on in a relationship if ever do you talk about whether or not you want kids in the future Oh I'll talk about it quick I mean I feel like also like I'm 28 You know what I mean I'm not getting any younger and my thinking is kind of like I don't really want to waste my time with somebody if they're not even you know on the same page with me as far as something like that goes I agree with you I think obviously it can go you can go about it Like I could see sometimes people could go about it the wrong way of like so how many kids do you want Like well I want them soon The delivery is a little aggressive and like pressure but I think you can also like own it like that It's your decision I want many kids Do you want kids Yeah I think it's so funny to me how some people can't be chilled and they are like that But it's like I feel like there's nothing wrong with it but how you just did it is exactly how it should be done Like um yeah so you know like I was talking to my sister like I know one thing for sure Like I definitely want kids She has the best kids ever like just breeze into it

Like a chill convo don't go about it too aggressively because it can really scare him and like maybe you're not trying to come across that way but like check yourself before you bring it up Ok Kiki Have you ever gone through a partner's phone Oh yeah Oh my God Yeah I hate I hate when people are like I would never like I've never done that I like the fuck up Shut up You are not human ok You probably the one that need your phone going through talking about you ain't never been to nobody's so how did you find shit when you did Oh Yeah I've been in situations where I've found stuff and there's been situations where I saluted day and night and found nothing man that that you feel like shit You like you almost like can't stop because you're like well eventually I will find something So you just like keep digging and it's like sweetie stop and you need to stop and then there's the moments where you take your hand off his face trying to get the damn face thing to come up It's like do not have him do facial recognition at night Like just go to bed go to bed because every time you've looked sense nothing's there But I've actually had a relationship where I was like I have this feeling and he was like no And I was like OK pull out your phone show it to me and it was like kind of a moment where I was like I could do this while he's asleep because I can do that But I'm going to just actually ask him to pull pull it out and not his penis his right Right That was right And then he pulled it out and it was right there Everything I thought so like trust your gut Wait a minute wait a minute He really did So he listened to you when you when I did that one time too like let me see your phone type vibe And the guy first of all he was like 68 or 69 or some weird shit And he's he's like he's like you want to see my phone you want to see my phone and like reached his arm back like this I'm like how the hell I see your phone from over there You got a wingspan of like what your wingspan is like above his head It's about about 7 ft right Like how the hell am I gonna see And like at that point I'm like mother fuck the phone like you you think I'm stupid Like why would this be the what I would go for Ok Do you have any advice for people listening on how to get over getting cheated on Do I have any advice Oh my gosh like I'm here for you Yeah I think after something like that I think it immediately attacks your self esteem and like your confidence So I think my my thought would be to like try to get back into like doing things that make you feel really good about yourself you know really really just pouring into yourself at that moment in time Um to rebuild whatever has been fractured because of that kind of betrayal Like really go out with your girlfriends you know get ready for a little trip go on a trip Do you know Maybe if you don't want to do yourself that way then just

do a whole week of pampering you know get your hair done get your nails done you know get you a massage you know or you know what I mean Like I just like whatever it is for you that self-love and that self treating you need to maybe just spend time doing that to really try to remind yourself that you love you and to just help you get through feeling just that betrayal take care of yourself whatever that looks like for you Love it OK Only a couple more can exes be friends I mean I think they can be I think they can be but no wants to be friends with me you know because no it's like all of a sudden it got personal I'm like I wanted to be friends but they never want to be my friend I don't think so I don't think it's personal actually I think it's just that well you know what Let me let me put it like this So I think that most of my exes don't want to be friends with me because they feel like they don't like that I'm like ok with being a friend I think it's kind of like it's like a weird feeling of like they almost feel like they're being patronized by the fact that I'm being their friend Like it doesn't feel like it's a genuine friendship Like they just feel like I'm trying to be their friend to show them that I'm good without them and they're right But that's besides and you've got it figured out But besides that petty ass point I've had a guy want to be an ex want to be friends with me and I didn't want to be friends with him and I didn't because I was in a relationship So sometimes people feel like it's inappropriate you know what I mean To be cool with your exes after you get your friend you know I mean whatever or you know so it's like I get it sometimes you know it doesn't it doesn't happen to me all the time Like maybe in the beginning of our breakup I don't want to be friends with everybody but eventually I'm like cool Yeah And I also think it's good to specify of like what friends means because I do think it's like yeah maybe it's a little strange if after a break up you guys are texting all the fucking time still face timing It's like set boundaries for yourself because you need to move on and take care of yourself You broke up for a reason and you're going to have no opportunity to find someone new If you're still like hooked on that past we're best friends Like we're no no there's no need to be besties with your US They've been inside of them or you've been inside of that There is no no no no no we don't need that Ok What is your ideal first date Oh yeah I'm very like throwback very casual or very eccentric So it's like I would either like love to go to like a museum or like a pop up shop Like I think that kind of stuff is fun Like an experiential type of date I think that's kind of fun But then also I like to just do regular like something very like classic like going to the drive in I know like chill because you also want to gauge like I feel like you can keep

conversation with anyone and I feel the same about you Yeah But if you have that if you're able to know what is your vibe maybe if you know you're awkward on first dates maybe you go on more of an experience so that you have something to talk about If you're a talker then you could go for a more chill like drive in and just like chill and hang right up We talk talk talk and when we were watching a movie watching a movie it's so fun Speaking of movies as we wrap up Daddy Gang Kiki is going to be in a huge movie this summer Ok This summer you're starring in Jordan Peele's next movie he directed get out he directed us and the name of the movie is Nope I am so excited I looked at the trailer there's already 22 million views on the trailer itself I'm like holy shit This is going to be huge I want to ask what is it like working with Jordan Peele who is doing some of the most groundbreaking work in the industry right now And I really love Jordan Peele working with him is the best experience of my life thus far Like he's such a smart down to earth you know genuine creative with the true love for characters and a true respect for filmmaking and screenwriting And I think when it comes to being black and representation a lot of times you know the expectation and obviously specifically because of him and also I think because people sometimes don't know any other way to do it Like for instance with get out they expect that because black people are the lead that it it it in some way is the gag of the whole storyline Like the reason why they're black is because they're black It's like always some it's like always a gag to it Um And with get out obviously he did that in a very genius way Um But then when it comes to us like us was about capitalism and classism like it was they did it happened to be black but that was not what it was about you know and I feel like uh just the way that he continues to represent in that kind of way where it's like there's no think piece to the black piece They're just black But this is the story like I really love and appreciate him for that because I think you know that's that's that's really what representation is whether it's be you know black people or women or you know the gag can't always be guess what She's got a vagina like it's got a you know what I mean And so I love that he that he's doing that you know and continuing to push the envelope as it pertains to like black people is just some people you know what I mean And this is just a movie and this is who he chose as the actor for this part this person's in this role and this is the movie I'm so excited but I'm gonna be honest with you I am a fucking little wimp and I always want to watch scary movies and I'm like I'm gonna cry when you're filming a horror movie Does it ever go to the point where you actually get scared when you're filming

Yeah I mean it can happen but it doesn't happen Like I'm really scared It happens like in the moment of the performance like it's just like if you're crying or in a movie if you're hyperventilating eventually you could pass out It's just because like literally our bodies our breath is that like our breathing has that much control over like how we feel and how we respond So it's like unfortunately that is the kind of dangerous part of acting You know when you're driving your car you're wasting gas regardless whether you're going a long way or a short way It's like the gas is still was still it's still being used That's the same way that emotions are like even though you're acting and they're not real like your emotions are still going through that Like you're still going through the pain and the exhaustion and the worry and the fear And so after a while my brows being furrowed long enough and I'm breathing in and out real fast and looking around So I decided shit I am don't be scared I'm like shit Am I scared when you're filming these type of movies Do you have like weird ass dreams and nightmares or No No I'd just be stressed it I'm just stressed I'm stressed more than anything It's like no nightmares It's like can I get to sleep Got it You know what I mean It's like I'm just so stressed about making sure did I get the best performance I need to give and oh my gosh what's going to happen tomorrow And then for me I think this is a good thing But like in most of my productions once the director pushes the envelope with me and they see that I deliver Oh Lord I don't fuck myself I might get 10 more lines the next day or I might end up getting a whole new scene The director first wanted you in one scene Now you're in every scene I'm like and you're like that's such a compliment obviously but I got it you know what I mean But it's like that So then I really get on edge you know what I mean Because I'm like oh shit Now he sees that I'm willing to go there and it's like another crying scene another guess what She's going to jump off a bridge this time Like I'm like oh my gosh So then I get really like just like I have a lot of anxiety about it really it really is a high pressure job I know it doesn't like everybody just imagines as an actor You just sitting on set and going to craft But it it's not like it really like acting can really put a number on you Yeah I can only imagine emotionally like when I watch especially horror films I'm like I cannot I'm scared sitting here being completely horizontal laying in my bed watching I can't imagine being on set doing it So I have I have so much respect for you Everyone listening Please mark your calendar It's coming out July 22nd I'm so excited to see it also Kiki just congratulations Like overall on your success you're like such an inspiring human to be around you Such an amazing energy being in person

with you It's really crazy Like knowing you on screen when I was younger and being like wow she's so cool on screen Like getting to know you in person I wish you the best I really do Thank you so much What are you I'm a Leo August August Oh my God What are you I'm a Virgo August 26 0 my God So we're kind of close Look at us Thank you for coming and call her daddy Thanks girl Call me any time But that was so cool