

Spencer Pratt

Spencer Pratt You will obviously never be as relevant as you were How does that make you feel Oh Yeah fuck you Fuck this interview this stupid podcast fuck this shit over here Is he actually what is up Daddy Gang It is your founding father Alex Cooper with Ok here we go Mr oh my God Look at this outfit I love it Oh my God So nice to meet you Oh my God the devil Well the second I get in my car it's never happened in my life It says engine cooler and I'm like what the fuck does that mean So go to the gas station I'm like oh buy engine cooler and I put it in and it's like spraying out I call BMW service They're like you need to tow it right now I'm like I gotta go to call her daddy Oh Fuck Oh my God ok Do you can you make yourself up immediately Because we're we're getting into this This is very fancy isn't it It's my Spencer It's the first time I'm using these I feel honored I'm honored because I knew you were someone that would know how to put it on and use it and I usually let them do it That's like the perks So I should have done it Ok We're going over here to make a great oh you didn't even get good to Oh this is embarrassing I won't actually touch These bottles are oh I can't be on camera with that What do you drink I mean I bootleg enough would be like as as as this is all I had from like a I'll watch I'm not you're not getting me on camera I mean this was I drank this in Do I have anything else 42 Come on Spotify What is going on budget cuts I have a champagne bottle Ok so Spencer right off the bat is just shitting on me for not having that car Cool Oh yeah let's talk about what happened So I get in the car I was gonna be here very early I was gonna sit in the car meditate you just visualize the best freaking podcast ever And I get in the car and it says engine cool And I'm like I'm not a mechanic but this looks seems bad So I go to the car place real quick I'm like I need engine cooling I'm very late to the biggest podcast in my life statistically Um And so he's like oh my God it's leaking everywhere and I'm like pour more in And so and I called BMW they're like you need to tow it here Right I'm like I'm not towing it They're like the car could shut down on you on the way there I'm like well then it's gonna shut down because I'm not missing this Let's put the dog Ok Do you wanna pop the dog I mean I'll drink that Ok let's do that Let's do that That's that's a better way to go about it Ok I feel like you should do the honors You know here's the thing I've learned because Heidi is a professional champagne bottle opener I used to like the like excitement of but she yeah and yeah and she's like no you're not even supposed to have like barely a noise It's not a game to like you

know you guard that you come in like that you treat it like that because people always oh you're gonna so the key what I've been taught is he just slowly It's it's less exciting but let's not let's not waste this money Wow I mean kicking off the Call Daddy podcast Beautiful Daddy Gay I am so honored to be involved with your mafia I'm so honored to hear they're gonna love you You are popping off on tiktok I need to know what is your strategy It was drinking and then that's why I haven't been tiktok Well here this is what happened This is what happened I don't know how it happened So what people loved to So I had to stop because he he was like you play the hills in the house anymore Like I'm gonna choke you Like she can't even like nails on a chalkboard So I'm like honey these are going viral Like this one just did a meal in like 10 minutes and she's like I don't care like stop talking about that I'm like it's relevant to a niche micro audience honey So that is fucking it's a hard balance because I'm also blowing up all these people that I can't stand So it's like do I like I like the views man I'm like nobody I kind of love that Heidi's like Spencer knock it the fuck off and you're like can't hear you a million views Gotta go This is so delicious I can't believe you know my sugar a plate though for us OK We're going upstairs to the interview Are you ready Should we bring this or no Let's leave it You need to drive home in your fucked up car I'm here to here to here I wasn't supposed to get here Is Heidi picking you up I said I would Black Uber It's all about the money Let's go upstairs Oh my gosh All right Deep breath No I'm praying You're praying Do you want to pray out loud please God Have this just be the greatest podcast to ever hit the waves of this dimension Have it just touch so many people's hearts in a positive enlightening way God and just truly be a blessing for everyone's ears And if they're visually watching this with captions just when they read it just have their spirit just be uplifted and inspired Amen That was a little too much holy spirit Almost fainted there Oh my God Do you believe in God Oh yeah But I mean Heidi took it to the next level because she's like a preacher Like I was trying to be in the illuminati when I met Heidi Were you really 100% I didn't realize they're like drinking blood and you know and all the weird I thought it was just like sex parties like eyes wide shut you know everybody older than you know 18 and you wanted to be a part of the sex parties not just the party but like that like the Tom Cruise movie like that you know like minus people disappearing it Thank you for kicking us off I feel really Zen and calm I almost started crying I don't know if it was tears of joy or laughter but it was something you got an emotion out of me I mean it hit me too I don't know It's good ac in

here but like I almost fainted Ok Spencer Pratt welcome to call our daddy I am so honored you grew up in California going to school with celebrities and celebrities kids who was the first famous person you remember meeting in your life Oh hands down Meryl Streep I was on the set of death becomes her I think is the title where she's like falling apart So shout out She would deny knowing me at this point But I think her name was Mamie Gummer Uh We were bffs we were very young We would go set and it was Meryl Streep and I would be chilling on set So yeah I did not expect the answer That's fucking baller I mean I went to the list of like goes on but that's like that's like the cool like just in this mansion And you know I mean then it's next thing you know I'm having a slumber party with Hillary Clinton You know so I mean like you have to clarify you're having a slumber party with Hillary Clinton So my best friend Charlie uh his parents were best friends with the Clintons from Arkansas And and so when I was a kid you know I'd always sleep over at Charlie's house But one night you know you know I was precheck you know I knew this was gonna happen So secret service did their thing I think I was a safe 14 year old or whatever And so yeah slumber party I was in the kitchen with Hillary That was wild So you reference your high school and how you were surrounded by like a lot of famous people What were you like in high school And what did the other kids think about you Well I try to say that I am Exactly You know I've learned a lot of lessons but I would say I'm the exact same person that I've always been and I haven't changed So you know I had just as many people that didn't like me back then You know I had you know enemies putting up you know dick drawn on my face around town you know So I came in it like hot you know so I think because you know for my private school world soccer was our big sport We didn't have a football team So um I was for my world really good at soccer So I was on the older teams So you know when I was 15 all the seniors I was rolling with them So you know everything got fast forward Like when I watch I don't watch euphoria when I see clips I'm like oh my God this is the Disney channel compared to like L A and growing up you know now it's crazy because you just die of fentaNYL and whatever So it's a it's definitely like darker now So I pray for these kids But um it was amazing I everyone's always like oh why don't you like write it Like people that know me you should write a memoir I'm like like no way Well right now I just found all these tapes and I was like maybe I just cut together like Heidi was calling it selling Spencer It was because I really have just been trying to sell myself for all these years Not my soul though That's the one thing I've I've stayed that's why I'm not rich

and famous because I didn't cross that tier of what would have crossing that tier looked like though because I think to the world it looks like you sold it Oh no there's a whole another satanism level that you know I didn't unlock Like what would you do I mean what do they do Right These people that you just they're not upfront with it but there's we're talking a spiritual level not like oh what you say on Yeah Yeah Yeah So like these people are going ok So it's interesting because I feel like what you were saying about being in high school like you were always kind of this like polarizing figure and there are going to be people that like me and then there are going to be people that don't like me and that's ok But when you were younger did you ever get in trouble for your temper Um Well in one soccer game you know backstory So in high school you know we went to GN CS you get protein powders you get anything So at the time there was this product called the Rip Fuel and I was like that's every brand I want to be ripped and fuel So and they had a strawberry flavor one So I would be hitting rip fuel before games Um you know you just mix in your water It's it's legal It's by it's like Gatorade for me or whatever you know I never drink Gatorade though Um it's not brought to you by Gatorade I can't be promo and Gatorade So yeah I was all pumped up on rip fuel you know and it's very competitive and I was taking this very serious And so this was the semi-finals and there was like a team little meeting the night before the game that this coach who no longer the coach for a reason shot out fed the new coach So the seniors didn't go to this team meeting That was unnecessary the night before a game So the next day biggest game of the senior year semifinals he benches all eight of the best players the seniors hands down the best players including myself We're now losing at half like 20 You know I'm pacing in the side of them I'm like this is like you we get it like and he wanted to make a point like we don't need you like he thought they were gonna do fine with like whatever So finally it happened time we go back in I go in score two goals tie it up So pumped up score a third goal Now we're winning He goes sub he tries to pull me out I'm like I don't know if I flicked him off or whatever I'm like you know I must have been mean like what's up like you know I mean the crowd this was back when people cared you know you know like living you know this was our Friday night lights right It was probably on Friday too And so you know I went to the sideline and you know maybe got in the coach's face and my mom ran on the field my mom you know this was crazy what he did So my mom backed me up but I didn't hit anybody I didn't there was no he was just yelling he's yelling back So I get called in because they're maybe going to

suspend me and they're like you were acting very pumped up like were you on something I'm like yeah rip fuel Like what's rip fuel Can you bring this in to like the principal office Uh Tom Nolan and Bob Riddle just retired Bye bye Bob So I bring in the rip fuel and they read the back of it and it had a in it which is now illegal and they decided it was like speed So I would just dose up on you know rip fuel See so that guy I mean not suspended or expelled But other than that like no I was tight with all the teachers So you got to blame your behavior on rip I mean it was it was a stimulant Was anyone else taking it with you the whole team But I mean I was more pumped up So who was your first famous friend like that We kicked it with all the like the first famous person we started kicking it with uh was Paris Hilton Peak the most famous person on the planet That was when I saw like firsthand real deal new modern tabloid fame because I mean I had grown up with you know a list celebrities parents and I saw that's more low key and it hadn't this was peak Paris coming in the game tabloid cover paparazzi And I will always say you know I'm not close with her I don't know her you know that but she was so consistently nice and like she didn't even need to like I'm a like entourage hanger on her like Rando and still got treated with you know so I'll always say you know good for you That Paris Hilton era was the beginning of it all with paparazzi Like do you think that sparked something in you of like damn I was telling people at age 16 bringing in us weekly covers telling people get ready I'm gonna be on the cover of us weekly and people were like what is this My mom always had tabloids So I grew up with tablets around the house and but nobody appreciated them like I did So I was Paris I was already coming hot like there was no doubt in my mind you were gonna be on those tabloids Ok But in your head Spencer what were you thinking You were gonna be on the tabloids I had no idea But I was like I'm gonna be famous He's famous He will have it so figured out I mean because when you grow up seeing how famous you live like you you know as a just eyes on like the the reservation that's world's over by the way like people are like oh he's so thirsty He still wants to be famous Like fame isn't even cool anymore Now I I would love to have it but it's still not you know nineties to early two thousands when these people live I mean they were taking helicopters landing on just the rules have changed the game So what I grew up thinking fame was is so different Like I wouldn't grow up now and be like oh I'll do back to tiktok I love being viral on tiktok but I don't think I'd be like oh my God I want to be a viral tiktok or as like what I was chasing if you had grown up in Ohio Like do you think because of where you grew up

and what you were around is why you wanted to be famous because you got 100% like I think in Ohio one of these other states I would have ended up in like Delta Force and gone in the military or met a spy or something Yeah that was my brand That's why I don't have time tattoos because that was always like well if I am going to be Jason Bourne you can't have tattoos So you know like I was like deep in but the problem was I lived in the palace I was like get killed or like go to no I want to go to No not have to go in a different state That's the energy I have OK I was looking this up and nowhere is this story When and how did you meet Brody Jenner Rewind to eighth grade Um I won't say her last name Maybe she's anonymous Heather was the it girl on the eighth grade soccer team and I was on the soccer bus because they had other guys and girls on the same soccer bus Brodie played no sports So eighth grade Heather was the hot super hot superstar girl and Brody was her boyfriend And so I was like this dude and Brodie at this time thought he was you know it was pre Eminem I think but Brody was like a a large M and M like no pun intended Um You know he's a bigger guy He loved melt cheese I later found out he just melt a cube of cheese and just like eat it with a spoon So he was he then got ripped and like changed with this brodie was like a wrapper melted cheese and I was like how is this happening So we had just beef in the sense I was like how is this your girlfriend Like we have soccer practice together We have way more in common So I don't know what I said but we got in like the only little shoving match in middle school So that would we had beef right But then years later this girl that I was seeing Casey I won't say her last name because I'm not trying to catch a case Um she was dating me and I somebody tells me that's Brodie's girlfriend I'm like she's not Brody's girlfriend Like so I bring it up to her and I'm like do you have a boyfriend And like and she's like well I didn't think we were like exclusive care I was like oh no I don't care It's all good But it's like I reach out to Brodie through mutual friends I'm like yeah you know I know we're not cool or whatever but we should meet at Don Antonio's and and talk you know because I guess I had heard he like love this girl and I was like and so we meet up and I'm like your girlfriend is not your girlfriend He's like and I'm like I like I didn't know like she had told me but I when I found out that's why I called you and he's like I'm gonna come like no no no no no You know this is pre all these team movies We should have made a team and it was like I think we play this out a little bit So we started becoming best friends on like making plans with her and then the other person would can like he'd cancel and then she called me and I'd be like yeah yeah And then she may

get those plans and like we did this for a while to the point where like you know maybe we crossed the line or whatever you know but it was like you know you wanna play the game let's play it Um So we became best friends at this is probably 18 How did you get cast on the hills So now we're going back to um I'm now in college I don't know how I see something about the Osbournes making \$25 million for the o and I'd seen the show I was like oh this is entertaining I got dogs pooping Ozzie yells like da da da Um And so I'm like I'm gonna make a reality show So I called brody and I'm like we gotta meet at PF Chang's when PF Chang's had just like PF Chang's was Mr Chow's at this point There wasn't Mr Chows like this was the hottest Chinese food spot you could go to So we meet at PF Chang's He brings Chucky his like consular like advisor Chucky to And uh so I'm like I want to make a reality show about you And he's like oh I don't know about that And Chuck he's like you should do it to Brennan as my advisor And I'm like and he's like here's the deal If you come to my house tomorrow at 8 a.m. with the camera start filming I'll do it and he's calling my bluff because I'm a sleeper in at this time Like I'm not trying to be up all the way to Malibu like at cross creek So I had a camera because I had just tried to shoot a documentary in Brazil about like the like I tried to make my own take in you know uh like pre taken with like a kidnapping and I shot this full film and I was like can you please release that It's pretty hard core because it was like I use real people and like like people that see it are like this is so inappropriate and intense but like at that time kidnapping was like the big thing and I was already in Brazil and I you know I was like I need to make a so it looks it's too real you know like it's like so like who like it was like oh the we're in we're tourist and then like the come and duct tape like it's crazy you guys like but it like I could have if I had like a good I would have won a Sundance because it was like no act like I went to the Favelas gave people cash all real guns from like got real cops to like I mean it was so crazy because I want to be a filmmaker you know like like I didn't you know that was clout was like Michael Bay Like you know so I was like I'm making Yeah so I edit this I show bro he's like fuck bro Like don't you dare show anybody this like you will go to jail but I mean everyone's in on it you know like like yeah and like people are gonna be a little concerned This was your girlfriend at the time Like it's like she wanted to be an actress like she was an actor There's clearly evidence showing this was you know everyone was and like it was as real as it was like so like if I needed a kid now show in Brazil like I have the full kind of just um so I had the camera the good camera gl two cannon and so I show up

eight AMI have this one tape Like I rewatched this the other day I show up camera on him in his nose just trolling him like pushing it in and he's like oh so I tell my parents I'm withdrawing from us c and I'm taking a leave of absence They're like what I'm like I'll make a reality show They're like oh my God I'm like don't worry I can go back I mean at this point they're like I'm glad he's back from Brazil Um You know so uh we I started just filming everything in the house but his stepdad is a superstar mega six and in real life he is literally telling me stop fucking filming me get the fuck out of my house And you know at the time Paris and and uh Nicole were on Fox So I was saying this is Fox Dave you know I didn't appreciate who he was Brodie said he makes elevator music like that was my this is David Foster Like so that's my first and I'm like oh elevator music Yeah like that was the energy like Brody's like says you make elevator music So I had no like oh it's Dave I'm like in his face He's swearing at us you know he's like get the fuck out of my house And my head was like we have a bigger man we have a bigger mansion There's more dogs here They have like 10 dogs shitting everywhere and he was a superstar And then we have Brodie's mom Linda Thompson who at one time Elvis was trying to marry dated Elvis for five years Linda's incredible TV legend So she's playing all into it and letting us like let the boys do the boy you know so and I'm living a life So I'm never stopping filming because they got the chef I'm going in the fridge I got a plate that says Dave I'm eating his food all day from the chef and we edit right there just like you know a few minutes on Sunday night I get a call from this guy and he's like Spencer I'm like who's this And he's like it's Peter I'm like Peter who And he's like Peter Chenin he's the chairman of News Corp that owns Fox And he's like you have a meeting tomorrow at 9 a.m. with Gale Berman I'm like cool Who's Gale Berman He's like Spencer She's the president of Fox Television She knows the deal Just go to the meeting and I'm like ok he hangs up I'm like ok so I called David Foster to like talk shit I'm like going to Fox you know talking all this This is where he merk me out because he didn't have like now he's like oh this is real So he didn't have faith in me Like I don't think he knew what level I I'd already got it done So he calls his boy because David's Canadian he calls his homie from Canada that like they had tried to do some projects together in the past and he's like you gotta go to this meeting So I pull up like out of a movie and I get to the Fox lot right there Uh every time I drive by it and now I still like God what a memory that you just came and make up and I pull up my Spencer Pratt for Gail Berman And they're like oh sorry somebody already used your drive on I'm like what does

that mean They're like you're gonna have to park on the street and like I'm like wait what So now I'm like parking down like running and I'm in my like dumb purple shirt that you know that I thought was like a fancy shirt you know that I like I didn't have like I didn't like have designer clothes or whatever So I like this stupid purple shirt on somehow later in that day Peter Chen and sees me he's there and he's like don't you ever wear that dumb ass shirt ever I'm like oh ok But so I go into the meeting and I get in the elevator and this guy in this full suit is smoking a cigar and we're going up in the elevator and he's a big old guy and and he's like uh you know I'm like who's this guy and these other guys in suits And so they're like walking with me and then we're all walking and I'm like no they're all going in the same place as me So Gale offers us in that meeting \$3.7 million I'm like yeah deal deal deal fucking deal And they're like no we're like we're gonna go see some uh we're going to ABC da da and I'm like who the fuck are they Like no deal And so they jacked me and they like if I hadn't called David I would have so much more creative control But I was 20 And so then I find out like you know I get a lawyer and they're like yeah they're saying you're not the executive producer I'm like I'm like that sounds like it sounds like I am that And they're like yeah they're saying you're not So I call I'm like they're saying I'm not And he's like makes a call And then now I'm executive producer I was the youngest executive producer of a network television show to this day in history And uh they try to fight that And so then they make the show and at this point on my first day of filming a Fox show keep in mind this is when Fox was peak Fox we are getting launched with the reboot of family guy on Sunday nights before the Simpsons Our sponsor is coca-cola uh mcdonald's that we're like getting ads and they're like I am gonna be a millionaire like in a month I have my walkie talkie that says executive producer Day one I'm behind camera they're filming and then everyone's like sp you need to go in and like do what you're doing because in it everyone's always talking shit to me Like in the sizzle and everything because I'm like the like crutch the the bat like the guy that lives in the guest house the energy the kok vibe right So I'm like no I got my walkie talkie like you'll get to keep your walkie talkie I'm like ok so I didn't realize I like it was like matrix pill Like I that was when I sabotaged my entire life of being taken seriously crossing in front of that camera I was like oh yeah I get my walkie talkie still I got my title but I didn't get that was the end of like anyone ever being like respecting you in this business But which is crazy to hear too for you Spencer because by you they clearly were like wait we're filming this shit

and we're not getting the same thing that Spencer came with his DVD because it was you Brodie was so comfortable with you being like Spencer get the fuck out of my face And like David Foster is like Spencer like everyone knew you So they were giving you that content They're not going to do it as easily in front of these random um like guys with cameras so they needed you to get back in there But that sucks that then your credit basically got taken as in terms of a producer So I looked still this whole time not getting that Nobody else was gonna think this looked at myself as an on camera producer I was just filming doing the story by Da da da da So that night Linda has a talk with us our first night of filming and she's like I caught David cheating on me in the studio And I'm I'm like well uh so uh you know like what are we doing here And so like we pretty much just like beg her to like just pause this you know and she's like getting I now appreciate it more But at the time I like I was so deep and like this is our like like who cares Like let's roll like you let's launch like and so she gangster up and was like I'll do and I didn't really understand what she meant Like I'll do the filming but I didn't get so then let's fast forward the night the show premieres She's like I informed Fox that I'm filing for divorce tomorrow morning and I'm like what what do you know you know nowadays that ratings up people love that dark thing This is a family friendly Sunday Er I get my third call from the chairman of News for Zike Spencer What the f we bought a family friendly show for Sunday nights I'm pulling the plug after next week's episode is done So we get the one you know rated well for the summer we get one more and I just lost and I spent all my money then my first check on my BMW Then now I like didn't have money for gas you know figured it was suing because I was like game on You know we're going to be so damn That's wild That like day one of filming she caught him cheating And you're like wait no we need one in this house to film In this two we need the family together and then the rest of the season they just like you try she tried to fake it for you Yeah she did She's a real good actor And so I get that call I'm like oh my God I have to go back to college you know like so now I'm back in college Brodie Jenner had step siblings at the time When do you remember meeting Kim Kardashian for the first time And what was she like back then Alright So I just shout out Esquire magazine for profiling me and the big I thought this was gonna be like positive but since I said I should be Kim Kardashian people like got all weirded out about that but it's I feel that you know so I'm just going to defend myself So now we're at the first night of the Princess of Malibu our Fox Show I didn't even know he had stepsisters I

wasn't even aware Maybe I met them that night like totally irrelevant A week later you know this has been denied but Brodie's the witness and I don't know if he'll maybe he'll say it But it's true We get a call from Chris Jenner who I don't know And he puts her on speaker and she's like we should do what you're doing in Malibu with our family in the valley with your dad brodie and and he hangs up and I'm like the valley You know because like when I grew up like you did not this isn't me saying this this is what I grew up knowing there was nobody filming anything in the valley except pornos You know like that was what I had you know that's where they shot Like yeah now give me one of those \$80 million valley houses I guess it's still you need good ac I you know but so we laughed ha ha And I've thought about it a million times was that the call that like sabotaged my whole life that I didn't take But then I really thought about it a million times They went to then to Ryan Seacrest who had a first look deal with e they had to make a show per his contract and they went to him and he had the power of not only E news kiss FM was popping He just got American I like that's a solid I don't think if Brodie and I had gone with cameras shot the Kardashians it would have been with the Kardashians Like everything came perfect for what their magical portal happened So I've thought about it a trillion times But I met her for real for real in the club I remember a you know she was wearing like a Irve Ledger silver purplish dress you know and she Kim looked like a superstar and was famous like she deserves day one jump She was famous at this point energetically she knew who she was gonna be So she had that aura and like you know I was joking with Kim and you know we were all having fun She was totally cool but that I remember meeting him like her at the club and like you know then she later filmed on the hills and organized Heidi's closet and they didn't use the footage And I once said this in an interview and her publicist was like this is absolute lie da da da da And then MTV pulled out the clip Thank one time they ever backed me with receipts and like showed unedited Kim like every now and then somebody tags me in a tweet of her like tweeting at me like you be Heidi and Reggie need to go on a double date And I'm like how was I so popping in my head that I'm not like following through with this double I did fall through when Miley Cyrus tweeted us and we went and double dated with her and that so I wasn't too insane But if I had done everything different and if I was like super like for how thirsty I am Like what I should have done is be friends with everybody That's what Kim is was so good at and I'm not that type of person Like I don't want to go have fake lunches and fake drinks And what if I had played the game Like a pro I

would have gone to drinks all the time with people that hated me and I hated them back and we'd just all be fake It's like that's the problem with being a real person which is good for reality TV But like not for networking and building these because people will message me like oh we should do this and you can reach out to like your celebrity friend Like my what friends Like I got my friends from preschool and they don't even want me to name Drop that I know them you know So no I I appreciate that because I think that a lot of people don't know about the princess of Malibu Like if you're on tiktok sorry But people may not know about it And I think that it was interesting when you look back at your history that you started this like basically little reality show following Brodie around and Kim it's just like there in a scene and you're like whoa like this was the beginning and then I I believe you that Chris called because it's like you guys were doing it before the Kardashians started it and uh at the time Bruce not was it Caitlin So at the time Bruce was filming for Princess so Chris is they didn't use any of the footage but like he would come film and he'd be on it So he's going back home and tell like this is crazy da da da da And you know at the same time simple life is popping So Kim's knowing about reality TV through uh through Paris And that's when reality TV really started to pop off was like slowly like the simple life And then obviously though the biggest I think was when the hills popped off and that was when it was like holy shit This is reality TV And that's how I got to the Hills Uh It's gonna be it's gonna be two part Call Daddy Podcast So come on come on we're gonna merch get your merch call daddy dot com So um so so yeah so I go back to college and then one day I'm back from class or whatever And my mom's best friend Lucy they're in there watching this show and my mom's friend Lucy like you should date this girl She's so cute I'm like what is this And they're they're watching in she's like date this girl and she's so cute and it's Heidi and I'm like what is this show Like how is this even a show This is season one I'm like this is the dumbest thing I ever seen in my life And I'm like this on TV Like yeah it's so cute Da da da da And I see one of the names of the executive producers was a guy that Brodie and I literally hired like we had a meeting we hired So I have his cell phone number I call him I'm like mother you have a new show and you didn't put Brodie and I and he's like Spencer No it's a set cast of this girl from Laguna Beach He like it's not like that I'm like oh no it's like that We'll see you in the club Like I don't think so That's our show You got like Hollywood like this when Brodie was like running the club and like so all due respect No girl from Laguna Beach is doing a Hollywood show I'm like they have a

Hollywood show and you're so like so we're out it's uh club was called Privilege Justin Timberlake was just popping with sexy can I I think I remember it just like hitting so hard in the in the frickin club And so this is when I was very into dancing you know this was people dance back then People weren't too cool to dance We wanted to just stand around like it was like dancing time So I was dancing and then Kristen was at the bar with Heidi and Heidi just in season one I didn't know what even that meant Nobody hills was not popping So Heidi and I clear the dance floor We're having a great time dancing hit it off We all drive back to Brodie's house in Malibu So she ends up spending the night We you know she says it's love at first sight I guess now in retrospect it was But you know I had you know player ego clout fame vibe So I was like and then she tell her no we're seeing each other but she is seeing you know she's not exclusive either to me When I met Heidi she was writing a book had chapters how to outplay the player She had game galore She was not this like innocent victim like oh my God Spencer's talking to those playmates Like she was talking to old dude over here an old dude here like she had two like she had a a list athlete and an a list actor She was dating when I was supposedly looking like the bad guy So if they had showed real Heidi and not this like bootleg you know just making girls look like this Like like that was where you got to see like like an awesome girl that I would fall in love with Who like show a girl a game that like yeah like this is why I liked her She like she was a victim I wasn't playing her It was like battle We were at like a master chess dating and so that tell us who she was dating Uh yeah she was dating Chase Crawford who was like the it like hot guy you know Peak you know gossip girl Yeah like couldn't be cooler So she wasn't like oh poor Spencer Like right there was not that I love hearing you say that though because I always felt that vibe from Heidi but they always cast her as this like dams and distress Like Jordan's being mad mean to me and then she meets you and it's like Spencer's being mean to me I'm like that's not the vibe I get from Heidi So so the problem with Heidi and I we love making TV shows and doing what the producers saying here's the problem with the hills all male producers East Coast waspy freaking dudes that they're now in charge of representing young women in Hollywood and they're putting their toxic male weird narrative spins that they uh that's not facts and it's not real life because I don't even think any of these guys date you know like they don't know maybe they saw it in a movie or something fathom a woman like spitting game on a guy and like change your number like fuck you way better show too It's like real

Heidi was I always say this people to this day like oh how are you still get Like because you don't know real Heidi like you guys are all like it's like it's like yeah like I'm they're not showing me begging her to be boyfriend and girlfriend you know she's like I don't want that title Like you know like she was more so against her So now knowing that's actually a really great story that it goes all the way back to your mom looking at the TV and being like oh you should date this girl and then you guys actually meet and you immediately have a vibe What was your first impression of Lauren Conrad when you met her What was your first impression of Lauren Conrad when you met her So let's do a disclaimer here for you know LC stands because they was like oh my God he still has to talk about LLC It's like no no I was connected to a television franchise and this is a co-star that is part of my fame People I would love to have never talked to her for about the rest of my life but I am a great guest and I am honest and truthful So there you go All right So that's for the comment section So I I mean nice nice girl Like I we we it was all good to the point where I talked brodie in to breaking up with Nicole Ritchie to fake double date with LC So like that's the level of how I felt about her Like let me help make your life better by bringing the best looking guy in Hollywood right now who all the girls want to date I'll get him to break up with his celebrity you know superstar girlfriend I will get him to come onto your show Tend to be your you know interest to just everyone wins you know So like I was a I'm a teammate I come from being on a team sport I didn't play tennis I didn't play golf like the team wins That's how I've always thought So I was like let's all win We'll double gate and I was already in the you know game from like working with the paparazzi for Princess of Malibu and setting up our shoots And so like I was like you know our first double date I had us coming out of the grove you know all due respect to Elsie She'd never been in a tabloid until I unlocked that for her and gave her the you know as a team mate not you know I I don't want credit I I wanted us all to win So uh our paparazzi this is pre the entire world now does this this was this was vintage genius uh where you work with them instead of like hiding from them because this is when tabloids sold like albums like you could Drake you know one week 3 million sales on us we like this was superpowers that I knew Understood And I just watched the season two episode LC knew because if you look it on the couch she has every tabloid in her lap That's what she's reading So don't be mad at me girl So we come out of our double date and I'm like make sure you guys look to the left you know this is off camera Just I'm really trying to like get us all to

hang out with friends because now Heidi and I are seeing each other not boyfriend girlfriend and she's like what And I'm like it's our camera and she's like you call the paparazzi I'm like yeah to get you in a mag And so that was I was like oh you're not all there you know like don't have a full deck running here as you're trying to be on your second television show Like it's not like I'm all for people who don't want to be famous But like you're on a second show like you spun off like I get like it fell under your lap in high school and it came to you and you auditioned but now you've spun off you've you are choosing the path of fame So now I'm like so she from the jump kind of was weirded out like oh Spencer's like that's why she'll say things like I don't trust him It's like you didn't understand Like I was ahead of this game Like I already saw how this worked on a way bigger scale because I'm not from Laguna Beach you know like I'm from here and watching Paris watching how Nicole Nicole is an actual you know we ended up having a fun calling out or miss I was misquoted I think Well we can uh but she's a genius So like she's a fame genius So I studied under you know I'll call her a mentor in the in the fame game So I she just oh she's uh she she she knows the game That's why Paris called her smartest friend to be her teammate She didn't call Kim you know like hey you wanna you know but so uh back to like you know everything we were best friends She's like you wanna meet my dad da da But eventually the brodie couldn't play pretend anymore I wasn't saying fake date LC That wasn't the initiative Like I was like this would be great Like Heidi school their roommates Like I was hoping it worked out it didn't work out from night one you know like so once she was on to that she wanted her amazing wing men which I under wing woman totally get Heidi to not be with me So her selfish motivations she can put it on all these reasons of like oh I don't trust him or look at she knew Heidi like she knew Heidi's game that she knew about this and we know her these girls were not victims ok They had their own television show They were in the right in the heart of Hollywood They're going out every night getting tables These aren't these like pilgrims that like we're like oh these poor little innocent you know Yeah These girls are savvy and I didn't get raised on being on television when I was 16 17 Like you're a veteran at this point Like yeah I understood the back side of like tabloids and media but when it came to making a TV show and like ming out people and like you know what comments say this Like this is a is a black belt level with regard to your relationship with Heidi How did you guys separate reality from reality TV to keep your relationship healthy Thank God The show was so fake that it was you know every time and now

and then Heidi would get a little too drunk Like at one time in a like she knew I told her like we're gonna call these playmates I'm gonna bring these girls and she knew and she's like I'll be there and then drunk Heidi's like asshole and like you know like and she really got all up in her feelings you know as you know because she's like I even want to you know but that's the problem when you even play reality Like there's times where you know it affects you in real life So thankfully it was so fake that all the fighting and everything was so like planned and rehearsed and scripted that it didn't And then the other thing is we lived in my parents' house in the Palisades like in my high school room Like so we leave Hollywood and just go have our simple you know life and uh you know we weren't up in the scene like it looks so like we never lived in that apartment that we filmed in or that house we filmed in So I imagine and it would have been harder if we were immersed in that world And these were our real friends and our real relationship But you guys really took a turn to be like the most hated couple in the world And Heidi got all the surgery Did you ever try to convince Heidi not to get surgery No one thing I never try to do ever with Heidi And what people don't understand is like Heidi is the boss Like I work for Heidi to this day Like that's this whole like you know like that's the people who really know the inner workings of our relationship Like like excuse me my French like I'm the pussy whip like you know like it's not like oh Heidi I think you should do it Like Heidi came from a little town in Crest of but with dreams of being a star like she like so no I never told Heidi what to do because I've just I I was I was filming her she's like put the camera on me camera man Like you know if you watch the foot she's like I'm just her cameraman I said to her yesterday I'm like I'm literally your cameraman So also let's rewind the surgery because it's in tears First time she even got the idea of getting surgery was us weekly approached her and was like hey we have this top plastic surgeon It wasn't even in her head you know that wants to do you know we'll give you a nose job and implants and Heidi's like and then like this would cost 50,000 whatever And Heidi is a hustler and she's like 50,000 for free And just us week he's coming to me I'm not gonna say his name Ken came to her Um And so you know you know and she had grown up getting made fun of about her nose her whole life You look this was early day comment section every single comment I'm always like don't read that It's just saying she has a Jay Leno chan And so she's now in her head of all these things this early you know comment section so that she has this meeting with this top you know rest in peace Doctor Frank he's dead but she has a meeting

with him and he she's showing he's showing her all the A list superstars all the things he's done But you know sign top secret they're not telling anyone it's just she's realizing this is the game So she does the nose job boobs It's not the end of the world People don't you know she didn't have to tell the truth also Like this time I'm not gonna say other big pop people were literally without a doubt got nose jobs got it Like that was standard operating procedure But I was just honest like I'm gonna tell people this is what I did which you know I'm like I don't care whatever Like keep in mind I've already dated for so long in love already felt like this isn't like oh this is what you need to do now for us to be like we're already battling the world Like this isn't going to change our relationships I'm like I don't win win Like I don't care either way whatever Do what you want to do to your body I'm scared and I couldn't even I can't even get shot It's like so it is way past my world of like knives and you know so all good The follow up the one that people all freaked out on I'll never forget I even have it on video as she's going in because she when she was doing her Miss Universe she got elbowed by one of the backup dancers and they hit her nose and so she like like it's like dead in they're gonna like pop it out whatever So she goes to have like that done that morning He's like hm while you're under we you know we could just little and I hear the word minor so many times it's like it's so early in the morning when you drop these people off for surgery It's like I'm not even thinking I hear minor She started just like I don't I hear she's already got lip injections that seem minor like oh minor And you hear the word injectable and this it's everything's minor and he just had this blue pen and he's just like I'm like there's a lot of blue Neither of us are thinking like oh my God he's like this is minor is the word we heard a million times Cut to like the most traumatic So no it was not like a positive time That's also just so crazy to hear you talk about it too because of like how manipulative and really scary Like when you're young you don't understand and these doctors should do a better job of explaining like the fact that they said minor to you and you're like it was in the morning also the fact that they're like it was the day of and they're like we can just do this like we'll scoop out your back we'll pin back your ears We saying the price of each thing and like back to Heidi who's like a banker He's like this is 25 thou I mean it was like a quarter million dollars when he like he's like in all cross all this was like out of like a movie where he like you're like shopping for clothes and they add it all up and he's like boom Void \$0 So it's like in her head in this business like like oh my God he's giving me a quarter million to like make this is what all I'm not gonna

name stars but this is what all they did but they spread it out like everything she did is like standard A list I'm not naming the women but it's obvious standard a list women But once a year you know you don't knock it all out You don't drop it off at the body shop What do you miss about being one of the most famous couples in the world at the time Oh Just the money like yeah like I would if you asked me to never be famous or just be rich I would have I thought being famous was the easy way to get rich Like if I put the amount of energy as I put into being famous as just like doing like a normal rich person job like a banker like I would be rich So uh yeah like how he like getting this paid by coca-cola to hold a co killer He's \$10,000 like like what You know so like that level of like people like what are you one of him It's like because that it's so hard but it's so easy when you're like in the when you're getting the checks Like at one time we were making a million dollars a year selling our paparazzi photos like going and looking cheesy You you know like dressing up in dumb little like Easter bunny like it So that part is hands down The people hated you more than people who murdered people You were more hated than OJ Simpson at one point How did that make you feel at the time Well at the time it was a victory because David Foster had put me into the game But he knew Simon Cowell I didn't watch American Idol and he was like Spence once the fox are going he's like you need to be the young Simon cos like who like and he's like the like the hated guy the villain the like you know I was like got you like sounds sounds easy Coach put me in So I there was no social media I was so naive to think and I thought everybody knew Hollywood was just lights Camera action fakes could be I didn't understand middle America This was Bible you know like this was you know the Holy Spirit over here and I'm over here just trying to get ratings bonuses Like if we ever got to 5 million I got a million dollar check just that day So no matter what I'm reading I'm over here like chasing a million dollar one Like we're like at 4.24 of them I'm like oh what can I do to get to that million dollars to do what I'm already doing that night So my mindset at that point at one time I had like hate Spencer Pratt dot com where like you could go and like comment like I hate like I thought it was so fun and like ridiculous until you know I started driving around and like everyone was just flicking me off out windows I was like oh my God like who's watching this show Like chill Like I thought this was like a fun like party show Like why you guys isn't the news on like aren't we in Iraq Like isn't there a war Like I just never understood because I came from like play pretend with the princes and everything and I just thought you know so you

understood what you were doing and then when people didn't and they thought it was real you were like wait guys and like Brodie will say to anybody else like Spencer planned every single like he's a witness to like the pre like the the blueprint Like I executed it too well you know and here's how they got me and this is how the predatory producer you know and me being naive and Heidi just hit me with this and I was like oh my God I'm so triggered by that quote They were always saying um we're gonna uh this is your redemption arc We're gonna redeem So I'm always chasing like you do this and then we're gonna so I'm like I like this but it's like I should have been like watched Batman I'm like there's no way the joker is getting redeemed like part three you know like like I just I just like oh yeah that sounds great You gonna redeem me Yeah What season four Like So like I I fell for that just con which you know that's the problem when you're 20 three and you do think you're smarter than everybody which I obviously was not that I just got you know I thought I was in with everybody and I'm working with this producer that I already made the show with but it was like oh no they were sailing me off the waterfall like Niagara and you know I didn't care because they're also blood money paying you know we're the highest paid people on television at this time So I'm I'm going I had a million dollar suit collection not even wear suits And then I gave them all to my friends was a real estate agent Shout out Mike Ep and you know so like like because I was like what do you do with all this money You buy a suit like a rich No oh no no Buy gold That's what I would say That's the one thing I did I was smart at one time I bought like all this gold So I carried a backpack around with like half a million gold coins Just like because you can't spend gold you know like it would keep you in line What about a business manager We had a problem with business managers Let me tell you not only do they take they take 5% of all the money you spend because they have to like do the math for it Oh so be careful with the business manager because they love you spending money That's their favorite friend You're like I can't yeah I should have bought more of it Right Right Right OK Spencer you created the concept I am now convinced I look back and I'm like there was simple life Um There was like uh newlyweds Jessica Simpson and Nila She like early early days But you created the reality show villain Oh I take that 1000% Uh Give me my one credit here I'm gonna add that to my Wikipedia or of the and it was fun until you realize like there's no getting out So as I look back they were Frank inviting is which I learned later is where they're just taking audio and putting it there and putting you at an event You're not at saying

you did this Like I was just watching this episode where Lauren comes in like that Heidi stood her up and there's a note from Heidi Anyone that knows Heidi her handwriting looks like Egyptian hieroglyphs Like she doesn't know what she's writing I don't know if she can even write Like and so this cute little note like sorry Lauren LC Like I can't hang out like went to the movies and center Love you like perfect vigorously Like Heidi never wrote that note They never told her she was standing up It's like these simple things like Murk you out and Lauren's playing her along she knows Heidi didn't write that note and coming in like Heidi Heidi knowing like you were just in your apartment they just mic you up like do like good for you Like like freaking Blake lively over there So let me explain to you what I'm thinking I've sat down with reality people now and sitting down with you who was like the originator of the villain I want to expose how easily the edit process is that reality TV uses to make something look like a conversation happened and it really was a complete different conversation that happened Do you know what I mean So who is someone that you really dislike Like someone that pisses you off and can get you like riled up Ok I'm Adam Dello Ok And I'm going to we're about we're in a fight we are in a fight right now I'm Adam you're a Spencer and I'm talking so much shit To you This is what's gonna happen is the point is is I'm gonna be it's like I'm a producer being like you're pissed at Adam What would you say to Adam And it's like fuck you and then you walk out of the interview What I'm gonna do is at the beginning of this episode it's gonna be a cold open and I'm going to dub in a different question of me being like Spencer you're irrelevant How do you feel And you're gonna be looking at me when really everyone right now will see what that original thing was I'm talking about Adam Devi but we're going to cut it and make it look like you were shitting on me and you walk out of the Color Daddy interview Well give me a few minutes to tell you No I see the vision but I'm just like trying to think about what I would actually say that could come off believable like fuck you you're fucking predatory person That's pretty good Oh my God that's better than anything we had That's way stronger than a fuck you Do you have a notes app of what you want me to have to be Uh Yeah I do You fucking piece of shit You need to drink some of your we need we're gonna need to get we can do it twice like we just want to get the best and again what is happening right here is gonna go in the episode just so you know you're not getting fucked over like we're gonna show as long as this goes on Spotify I don't care what you show power even baby Oh I like that first line You said yes But it it it is not dramatic enough

right Because I mean you are a predatory person I can't even take it seriously
OK Here we go I think it would be dramatic if you get up and walk I'm
gonna ok You're practicing you're practicing Oh yeah Fuck you Fuck this
interview this stupid podcast Fuck this shit over here What the fuck that was
right Low key dude That was good That was good I agree I agree No I think
that was pretty good because you said fuck you fuck this I'm gonna do one
more and I'm going to keep all this in of like guys this is this is I'm like
poking him I'm Adam Develle I'm like you are So that's the thing You
wouldn't even that's what's so crazy about reality TV Adam Deville wouldn't
be here They send these they call for the hills called the she was called the
Collector That's how shady this shit is to collect the fuck And she would just
get shit out of you So she would come and like she fake jerked off and
busted a nut on my face to pump like to like and it worked and I like went
nuts ok So let's like channel that annoyance Who let me call Who do I
dislike Hi honey who do I who do I really dislike that I could channel just
like lots of anger for a fake scene here I feel like I don't talk to enough
people to hate anybody anymore Oh thank you honey I knew you know you
are here I'll put you on the mic There you go Love you daddy dot com Proud
daddy dot com Love you Stream superficial Um oh lots of people did But 11
I have to see pretend I'm him You're a fucking loser This is the biggest
fucking waste of time I can't even believe Spotify gave you a fucking show I
bet this doesn't even last another fucking year Why don't you just delete this
whole fucking episode Good luck with your little imaginary boyfriend You
never show on fucking IG straight Great sir Spence Meryl Streep No that
was good What I've learned is like the more exaggerated the faker looks now
because now everyone is so exaggerated on all these shows So you got well
in post edit and that's the beauty again I'll share with everyone watching is
like we'll look back and see which one looks more real Maybe the first one
looks more real because it was less try even you know the Holy Spirit I may
give you a third just out of nowhere So you know you know you have to do
these 12 times That's like that video I sent you and I rewatched it like this
supposedly where I'm bullying Heidi into like moving in with me too Like I
would never move into Curson Avenue Like I'm not bullying anyone to like
live across from fucking boa or Boca What it I don't even like a liquor store
like so no I was not But this big scene this was when it was a rap for me was
when I she's like I don't think I want to move in with you Like doing her
Meryl Streep level And I'm like then get my answer is get out of my car We
did that at least 12 times They're like floor the car more and when they're

shooting the exhaust pipes she gets in the car right after we go to Don Antonio's like that's just a night But like boom And here's how I'm even crazier The song that they like put to it Like apologize I gave them the one Republic song It was like this would be so good because Heidi was like in talks to do a song with Ryan Tedder and he like played me Then I'm like I'll get this on the hills So then I even gave them the murder song as we're kind of we're not rap No we're not We're not No no no we're not I'm not leaving Thank you for playing along That was a great promo Is there a specific manufactured storyline You regret saying yes to this sex tape I didn't think people like big deal I thought it was like clout too Like Kim just made so much off of hers It wasn't a negative shit There were no no tape even ended up coming out So like I love that That's why I played along called a fake producer that wasn't on the phone with LC It was me pretending to apologize Something I didn't do to a producer Like to your knowledge did Adam Devilla ever abuse his power when producing the show And in what ways you know here's what's so funny Like I was ready to go all in and out of but I'm a mercenary if they call me right now to be on selling sunset and I hate him more than anyone on earth I'd be like what's my fee You know like so you can't even ask somebody who's like a mercenary about people because like I should have known his last name is Devil with an O Like that's not a coincidence And think here's the other thing that I now have the best to fit a perspective with Like we've now been on two seasons of celebrity Big Brother We are locked up you know 50 plus days a producer we did I'm a Celebrity Get Me Out of Here marriage boot camp wife swap famous food Like the list of shows of dealing with producers not to mention all these pilots who shoot and like there's nobody like that guy So here's the problem with people like Adam and how they'll always win They're male and he brings in his enablers and they're all like guarded You know I'm not saying this is like they will always win because there's that me the mercenary because I know how this is a demonic demon and I was like put me on Netflix So all these people around Christine they're not going to back her because they don't want to rock the shit They don't wanna you know they don't want selling sunset to end So that's how me too And this these people are enabled because the people around them our like ain't happening to me like you because I'm one of his like I'm sure the way he treated Whitney and LC and I'm God knows how they probably love him because when things did come out in Heidi's story or whatever guess who's the first one to be Like he's the best guy ever maybe to you But that's not the truth Like that's your

like you can't defend you know so totally and I think it's fucked up because like you're saying these men in this position of power insulate themselves with all these other men that are going to make him like almost Impenetrable to any type of any type of getting in trouble And however what you're saying also is because you're the mercenary it's fucked up Like we saw Christine Quinn was one of the first people which she's fortunate she's got a lot of fucking money She's got her own money and she's got her husband that has a fuck ton of money And so when you're in a position where you need this person that's in a position of power and fucked up but you need to make a living you need money You're kind of at the hands of their power And so I hear what you're saying you're like I would take the Netflix show because that's what your career is But you're not saying he's a good guy I wanna because I I've never talked about this to my listeners So when Heidi was on call her daddy last year she brought up an incident where the producer from the hills was physical with her after filming that episode the MTV rep that repped Heidi called my team and said you need to take that out of the episode or you can't air it I don't even know if Heidi knows this OK Shout out Joya and Jay and uh who else is I love you I don't even know So that's what so shady because it's like they protect the net Like I love MTV but it's like that's Adam she didn't say MTV You can't like that's my team gets this call and daddy gang listening Like you can go back and that interview I they said you have to take that part out or you can't air the episode I thought it was coming from Heidi and I'm like who am I to put someone's like abuse story out there if they don't want it out So I took it out of the episode Fast forward Few weeks ago Christine Quinn sits down with me and she talks about how Adam Dello is the new producer who was the original producer of the Hills And she mentions Heidi's name in the interview saying we both had really bad experiences with these producers immediately I message Heidi I go right to Heidi because I'm like I don't want to put your name in the episode if you're not comfortable with it I know Christine doesn't want to speak for you I'd want to make sure you're good with it And Heidi was like absolutely put it in there It's the truth to which I then realized oh my God last year I fully got played I was like last year that was not Heidi not wanting to put that in But now that you're done with the hills can you explain what the fuck happened with that whole situation again I wasn't there I was never allowed to be That's why that's why these predators type people like that people that want to smoke they won't have like I never interacted with Adam ever once he knew my level you know like you don't play like I don't play So

I never got to interact with Adam because it would have been on So I was banned from the shoot the photo shoot that this happened So what I did was send shout out Kevin Carlson her bodyguard uh to go in my place because I you know I'm like I'm not I'm not allowed to go to her photo shoot So from again you would need Heidi here But from my what I recall is she had one of those loose fitting you know I guess there was also a comment about her new boobs you know like you know because she just had nobody had seen the whatever and uh she had one of those backs that like are open back where it's like pretty much like in the right angle it's like butt cheek you know like of a dress And I guess he like put his hand like a cheek and the security to the point where he like chopped her his hand off and was like checked him you know shout out Kevin um gangster but he was there this happened So we had a witness We like he was you know it makes me really sad for Heidi that it took years like everyone is believing Christine Quinn right now I literally when this came out I I again I didn't watch the sunset because I hate this person so much I don't care how good the show is Adam right But when I saw so I was like this is an angel from heaven just came out and then she's in this outfit I'm like she is out of the the matrix This is literally Trinity come into like and it took what 12 years like you can go back on Google and she was like this is not appropriate Like you can't like she felt to the point where she called me and I was like what the the so I called and I left some psycho message you know like I'm I hope he still has it you know but here's how weird life is And so when I went back to college to finally graduate in 2013 I'm in a staples on Olympic and I go because I drink lots of water and fluids I go to go pee in the staples and you know I'm not a like uh I like to go into the stalls of pee I feel more protected you know So I open the stall door Guess whose face I look at Adam Dell I haven't seen this person since 2000 maybe the first night of hills filming I've never even seen him since then opening and he looks like I'm there to murder him you know because this is like some random staples in the men's room in the stall He's coming out and he's like and it took me I didn't like process Like who is Like why is this Yeah Like what like what's happening I just want to pee like you're blocking the urinal here Like toilet get out the way and he's like what do you doing here I'm like Adam like what are you doing And he's like I'm going to the bathroom I'm like I'm like I'm like why are you in Staples I'm like buying books for college Why are you here And he's like because I work down the street and this is the better bathroom I'm like huh Like so you know to this day I think he doesn't believe I was buying Staples and it was like I can touch you if I want

I can get you anywhere type I like like just know any time you're going to the bathroom I could open the stall door and be there Like that's how I think God wanted me to have that last like don't ever feel too cozy on that toilet because that door could open and it could be me So you know like it was a weird moment but it's like I didn't have it had been three years I was back in college I didn't I hadn't been I'm now back in the game trying to be famous again So like I'm mad again but then I didn't like really care but he couldn't accept it Like and I was so chill and I was like oh what are you up to like and he was like what are you And then Heidi comes like why are you here And she's like I'm like it was just he couldn't he did not believe it could have been a coin You are here to kill me one trillion% Here's the weirdest part So years before this just to show you how demonic this project with the hills was we go out for a pitch with one of these evil producers because again we're mercenaries and he's like hey I want to pitch you to life time We're like OK like his right hand guy So we go this pitch and we're sitting there and he's like it's amazing We can all tell him this lifetime executive that we can all sit here I mean at one time we were trying to steal Heidi's soul and like Heidi just starts hysterically crying in real life because she's like so triggered by like knowing that like she felt that and it's like the the pitch went so was like stealing her soul Like what we Adam his his right hand man literally said at one point we were trying to steal Heidi's soul Now look where we are and we can all be together and like pitch and Heidi's like that's why I felt that way for so many years You fucking psychos OK What is the wildest thing you've done to make a headline Tell us Oh I mean any headline that you ever saw was Behind And and so it's like I actually thanks to my mom she's like I have a the biggest thing you've ever seen in your life of every cover tabloid everything I've ever been in And the other day I pulled it out just to like because I was gonna do Tik Tok on them I was like everyone was the most crazy stories I'm like made that up made that made that up one time We made our entire house look like it We were squatters not squatters like like uh one of those people that like fill up a house with stuff hoarders we filled it up with hoarders and like you know like just made it like piled up and like got a in touch magazine cover like Heidi and Spencer are in squalor in touch cover I think we got 25 K Shout out Dan Wake Ford Um Yeah like so I mean like that's like a petty one but like everything you could ever think of We once did a deal for like a half a million just for four covers of us weekly There's no we didn't know what the covers were It's like let's make stuff up you know so I'd have to go through but like the weirdest thing that I didn't

have to do with that I saw a headline recently that Heidi called me Uh the the article said Heidi called me like chicken legs or something And Spencer was gonna get calf implants I was like calf implants Like even if I had I do have I don't have a big calf but like I wouldn't I hate needles but like that's the level calf and I was like so I have so many of them that's behind them all you know That's really cool that you have those like me I want to frame them all And Heidi's like there's they're not going on the wall I'm like this is art honey this is put them next to our portraits in our homes So we do have every cover frame But I I want like I want spreads frame like six pages is every everyone these are There's a lot of BS that we had to make up I love that I should be in creative writing because like you be on and you just be you know I yeah I don't think people give you enough credit I always complain about that That's one of my I'm chasing credit I'm gonna give it to you right now Like you went to us c the whole back story I'm happy you told us of the princes of Malibu Like knowing you went to Brazil you were shooting I will let you watch that I watch you I will let you and then I'll tell you what I think No I know you're gonna be like you could win an Oscar It's it's insane Like it's the work of art like ok Spencer what are you insecure about not getting credit you know for like for my level of like energy I put into success you know I I don't I don't get treated with any credibility you know So that's an insecurity in the sense that like I've worked since 2004 nonstop on reality TV Fame and you know and people are just like oh I hate a guy from the hills like that took work Well like I was working like that's a job Um So you know that's definitely an insecurity and you know thankfully being a dad created my new focus on just being like the best dad So it's like it's less selfish So no matter what like I've now transitioned like I'm kind of like a rap you know like whatever happens with my career and like titles like now I've already moved on to like let me build the best superstar child and great human So like that has been a great energy shift What I I wish it's a hard balance because I learned so many lessons But like should I have had a kid sooner Did I need to go through everything to be ready to be a parent So uh but insecurities I know I think that's a great answer Do you think being a dad has changed you a lot It made me now thirsty again because I'm like you know like let's get success And I've like people are like why are you still trying to be famous Like that is where I'm at Like I'm not going to go be a banker now I can't go be Camilla and be a lawyer Like even though Kim is being a lawyer like I don't have that time for the baby bar So like I am gonna be a television star again gonna get a show I'm gonna produce like that's why I'm now back in

the game like you know oh no it's it's going down like it's the the the slate is strong So that's the only reason why like like why do you want this again Like because now it's time like I had already I was living in Santa Barbara at my parents' beach house I was done but now because I could live like that with just Heidi and eat tacos and be chill But I wanna give my son and future family members you know because he doesn't want to stop at one So it's like I want to build you know solid you know because I grew up with amazing life It's too late to be a dentist Spencer Pratt I just want to look to the camera and thank the Daddy Gang um oh my God for all the Daddy gang promo code daddy and you get 20% off prat daddy crystals You know I usually go to 15 but since it's daddy Gay And I'm Pratt Daddy That is funny I was proud daddy before you were you know you kind of hijacked the daddy gang But I was like and I used to literally claim as Snapchat of here as Daddy I like gang gang We out here gang gang you know you're too young You can't hijack something you didn't know existed energetically energetic Honestly thank you so much for coming I'm leaving This is the real Thank you so much Go out um Spotify Spotify live after room I'm gonna be live after her show and doing my own live room Goodbye Spencer Thank you so much for calling and I really do appreciate it I'm not going to stand up dude You're great That was great